

Train, Learn, and Grow with SNAP E&T

You may be required to participate, but this program is here to help you succeed, not set you back.

What Is SNAP Employment and Training (SNAP E&T)?

SNAP Employment and Training is a program that helps eligible SNAP participants:

- + **Meet work requirements**
- + **Build skills for employment**
- + **Explore and receive training and education opportunities**

It's more than a requirement; it's a chance to build yourself up.

Who Participates?

You may be required to participate if you:

- + **Are age 18–59**
- + **Do not have children under age 14 on your SNAP case**
- + **Are not working 30 hours or more per week**

How Can it Help?

Supportive services may include:

- + **Transportation assistance**
- + **Work-related items (uniforms, tools, equipment)**
- + **Education and training-related items (books, tuition)**
- + **Limited childcare support (for eligible participants)**

What You'll Do

Participants complete approved activities, such as:

- + **Job search**
- + **Training or education programs**
- + **Other career-building activities**

These activities help you meet program requirements while building your future.

What Happens Next

- 1. Check Your Mailbox or DCF Self-Service Portal**
Information regarding your scheduled SNAP E&T orientation will be mailed to you or shown in your [DCF Self-Service portal](#).
- 2. Attend SNAP E&T Orientation and Meet a Career Navigator**
Learn about the program and create a plan based on your goals
- 3. Start Your Plan**
Begin activities and receive support along the way

You're Not Doing This Alone

SNAP E&T is designed to support you every step of the way. Reach out to your Career Navigator or caseworker for guidance, resources, and opportunities to help you grow.

Your Next Step

Attend your SNAP E&T orientation.



Get Started
SNAPET.dcf.ks.gov