



Empower ME Workshop Report

Completed by Service Provider and Student at the completion

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| Student Name: | Pre-ETS Transition Specialist: |
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Student completed the Empower ME workshop on:

The student learned the following during the Empower ME workshop:

- The student will explore jobs that interest them.
- The student will learn to begin to make plans about their future including careers that interest them.
- The student will learn about high demand jobs in their community.
- The student will learn about resources in the community.
- The student will learn about their disability.
- The student will learn about how the effects of their disability can impact their ability to obtain and maintain employment.
- The student will learn about disability pride, history, and rights.
- The student will learn how to ask for accommodations, auxiliary aids, and services in a school, post-secondary education, and employment setting.
- The student will learn about training programs in their area.
- The student will learn about resources that connect them to training programs.
- The student will learn the elements of effective communication and positive interactions with the employer and co-workers.

- The student will learn how to plan and apply for training programs.
- The student will learn how to complete a resume and how to effectively interview for employment.
- The student will learn resources to find employment opportunities in his or her community.
- The student will understand employer expectations for punctuality and performance.
- The student will learn basic soft skills necessary for employment, including customer service, being on time, receiving and accepting supervisory instruction, and positive relationships with co-workers.
- The student will learn about appropriate personal appearance for the work place, including clothing, and personal hygiene.
- The student will learn how to address body art as appropriate for the work place.
- The student will learn about the importance of teamwork and cooperation on the job.
- The student will learn stress management strategies for work.

Identification and Recommendations for additional employment focused goals

Student:
Date:

Service
Provider:
Date: