

### Kansas Independent Living Self-Sufficiency Matrix

Youth/Young Adult Name: \_\_\_\_\_ Date Completed: \_\_\_\_\_  
Form Completed by: ☐ Youth/Young Adult ☐ IL Coordinator ☐ Youth/Young Adult and IL Coordinator  
Date Entered into Database: \_\_\_\_\_

| Domain                          | 1 (In Crisis)                                                                                                                                              | 2 (Vulnerable)                                                                                                                                                       | 3 (Safe)                                                                                                                                     | 4 (Stable/Building capacity)                                                                                                                                                   | 5 (Empowered)                                                                                                                                                            | Score | Goal met? (Yes/No) |
|---------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|--------------------|
| <b>Housing/Shelter</b>          | Homeless or threatened with eviction, including precariously housed, sleeping outside, or couch surfing. Staying in a dwelling not meant for cohabitation. | In transitional, temporary or substandard housing; and/or current rent/mortgage payment is unaffordable (over 30% of income).                                        | In stable housing that is safe but only marginally adequate.                                                                                 | Housing is safe, adequate and <u>subsidized</u> .                                                                                                                              | Housing is safe, adequate, and <u>unsubsidized</u> .                                                                                                                     |       |                    |
| <b>Employment</b>               | No job.                                                                                                                                                    | Temporary, part-time or seasonal; inadequate pay, no benefits.                                                                                                       | Employed full-time; inadequate pay; few or no benefits.                                                                                      | Employed full-time with adequate pay and benefits.                                                                                                                             | Maintains permanent employment with adequate income and benefits.                                                                                                        |       |                    |
| <b>Income</b>                   | No income.                                                                                                                                                 | Inadequate income and/or spontaneous or inappropriate spending.                                                                                                      | Can meet basic needs with subsidy; appropriate spending.                                                                                     | Can meet basic needs and manage debt without assistance.                                                                                                                       | Income is sufficient, well-managed; has discretionary income and is able to save.                                                                                        |       |                    |
| <b>Food</b>                     | No food or means to prepare it. Relies to a significant degree on other sources of free or low-cost food.                                                  | Household receives food stamps/food assistance.                                                                                                                      | Can meet basic food needs, but requires occasional assistance.                                                                               | Can meet basic food needs without assistance.                                                                                                                                  | Can choose to purchase any food household desires.                                                                                                                       |       |                    |
| <b>Childcare</b>                | Needs childcare, but none is available/accessible and/or child is not eligible.                                                                            | Childcare is unreliable or unaffordable, inadequate supervision is a problem for childcare that is available.                                                        | Affordable subsidized childcare is available, but limited.                                                                                   | Reliable, affordable childcare is available, no need for subsidies.                                                                                                            | Able to select quality childcare of choice. OR Youth is not actively parenting a child.                                                                                  |       |                    |
| <b>Pregnancy/Parenting</b>      | Expecting a baby/parenting with little to no resources to provide essential needs.                                                                         | Unable to meet daily needs of children and some access to resources to assist with essential needs.                                                                  | Dependent on resources in order to meet children's essential needs.                                                                          | Able to meet most needs and connected to community resources for parenting needs.                                                                                              | Able to meet all needs of children and if pregnant, receiving prenatal care and not lacking resources. OR Youth is not currently pregnant or actively parenting a child. |       |                    |
| <b>Adult Education/Literacy</b> | Literacy problems and/or no high school diploma/GED are serious barriers to employment.                                                                    | Enrolled in literacy and/or GED program and/or has sufficient command of English to where language is not a barrier to employment.                                   | Has obtained high school diploma/GED.                                                                                                        | Needs/ is seeking additional education/training to improve employment situation and/or to resolve literacy problems to where they are able to function effectively in society. | Has completed education/training needed to become employable. No literacy problems.                                                                                      |       |                    |
| <b>Health Care Coverage</b>     | No medical coverage with immediate need.                                                                                                                   | No medical coverage and great difficulty accessing medical care when needed. Some household members may be in poor health.                                           | Some members (e.g. children) have medical coverage.                                                                                          | All members can get medical care when needed, but may strain budget.                                                                                                           | All members are covered by affordable, adequate health insurance.                                                                                                        |       |                    |
| <b>Life Skills</b>              | Unable to meet basic needs such as hygiene, food, activities of daily living.                                                                              | Can meet a few but not all needs of daily living without assistance.                                                                                                 | Can meet most but not all daily living needs without assistance.                                                                             | Able to meet all basic needs of daily living without assistance.                                                                                                               | Able to provide beyond basic needs of daily living for self and family.                                                                                                  |       |                    |
| <b>Social life/Supports</b>     | Lack of necessary support from family or friends. Is being exploited or at considerable risk of being exploited or taken advantage of by others.           | Family/friends may be supportive, but lack ability or resources to help; family members do not relate well with one another; potential mistreatment or exploitation. | Some support from family/friends; family members acknowledge and seek to change negative behaviors; are learning to communicate and support. | Strong support from family or friends. Household members support each other's efforts.                                                                                         | Has healthy/expanding support network; household is stable and communication is consistently open.                                                                       |       |                    |
| <b>Transportation</b>           | No access to transportation, public or private; may have car that is inoperable.                                                                           | Transportation is available, but unreliable, unpredictable, unaffordable; may have car but no insurance, license, etc. Car in need of repairs.                       | Transportation is available and reliable but limited and/or inconvenient; drivers are licensed and minimally insured.                        | Transportation is generally accessible to meet basic travel needs.                                                                                                             | Transportation is readily available and affordable; car is adequately insured.                                                                                           |       |                    |

## Kansas Independent Living Self-Sufficiency Matrix

| Domain                                                     | 1 (In Crisis)                                                                                                                                                         | 2 (Vulnerable)                                                                                                                                                                                                | 3 (Safe)                                                                                                                                                                                                                             | 4 (Stable/Building capacity)                                                                                                                                                                   | 5 (Empowered)                                                                                                                      | Score                     | Goal met? (Yes/No) |
|------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|---------------------------|--------------------|
| <b>Community Involvement</b>                               | Not applicable due to crisis situation; in "survival" mode.                                                                                                           | Socially isolated and/or no social skills and/or needs to improve social skills or barriers exist to becoming involved.                                                                                       | Has the capacity and knowledge to become involved but not interested or motivated at this time and/or has barriers such as transportation, childcare issues etc.                                                                     | Some community involvement (advisory group, campus group, support group and/or church group).                                                                                                  | Actively involved in community. (multiple levels of involvement and/or taken on leadership roles)                                  |                           |                    |
| <b>Legal</b>                                               | Current outstanding tickets, warrants or unresolved legal issues.                                                                                                     | Current charges/trial pending, noncompliance with probation/parole.                                                                                                                                           | Fully compliant with probation/parole terms.                                                                                                                                                                                         | Has successfully completed probation/parole within past 12 months, no new charges filed.                                                                                                       | No active criminal justice involvement in more than 12 months and/or no felony criminal history.                                   |                           |                    |
| <b>Mental Health</b>                                       | Danger to self or others; recurring suicidal ideation; experiencing severe difficulty in day-to-day life due to psychological problems.                               | Recurrent mental health symptoms that may affect behavior, but not a danger to self/others; persistent problems with functioning due to mental health symptoms.                                               | Mild symptoms may be present but are transient; only moderate difficulty in functioning due to mental health problems.                                                                                                               | Minimal symptoms that are expectable responses to life stressors; only slight impairment in functioning.                                                                                       | Symptoms are absent or rare; good or superior functioning in wide range of activities; no more than everyday problems or concerns. |                           |                    |
| <b>Substance Abuse</b>                                     | Meets criteria for severe abuse/dependence; resulting problems so severe that institutional living or hospitalization may be necessary.                               | Meets criteria for dependence; preoccupation with use and/or obtaining drugs/alcohol; withdrawal or withdrawal avoidance behaviors evident; use results in avoidance or neglect of essential life activities. | Use within last 6 months; evidence of persistent or recurrent social, occupational, emotional or physical problems related to use (such as disruptive behavior or housing problems); problems have persisted for at least one month. | Client has used during last 6 months, but no evidence of persistent or recurrent social, occupational, emotional, or physical problems related to use; no evidence of recurrent dangerous use. | No drug use/alcohol abuse in last 6 months.                                                                                        |                           |                    |
| <b>Safety</b>                                              | Home or residence is not safe; immediate level of danger/harm is extremely high; possible CPS involvement. Domestic violence or abuse/neglect present in the home.    | Safety is threatened/temporary protection is available; level of danger/harm is high. Domestic violence, abuse/neglect potentially being experienced in home.                                                 | Current level of safety is minimally adequate; ongoing safety planning is essential.                                                                                                                                                 | Environment is safe, however, future of such is uncertain; safety planning is important.                                                                                                       | Environment is apparently safe and stable.                                                                                         |                           |                    |
| <b>Disabilities</b>                                        | Acute or chronic symptoms affecting housing, employment, social interactions, etc.                                                                                    | Sometimes or periodically has acute or chronic symptoms affecting housing, employment, social interactions, etc.                                                                                              | Rarely has acute or chronic symptoms affecting housing, employment, social interactions, etc.                                                                                                                                        | Asymptomatic – condition controlled by services or medication.                                                                                                                                 | No identified disability.                                                                                                          |                           |                    |
| <b>Credit</b>                                              | Bankruptcies/Foreclosures/Evictions/pawn shop or gambling debt.                                                                                                       | Outstanding judgements/garnishments; unable to pay current bills.                                                                                                                                             | Needs a credit repair/rebuilding credit, minimal outstanding debts, payday loans.                                                                                                                                                    | Rebuilding credit. Paying bills on time, credit is building.                                                                                                                                   | Manageable budget, credit is intact and no issues with creditors/debt.                                                             |                           |                    |
| <b>High Risk Housing Barriers (Circle all that apply):</b> | <i>Sex Offender      Bankruptcy      Person Felony      Child in OOH Placement      Drug Charges      Felony Convictions      Credit Issues      Civil Judgements</i> |                                                                                                                                                                                                               |                                                                                                                                                                                                                                      |                                                                                                                                                                                                |                                                                                                                                    |                           |                    |
|                                                            |                                                                                                                                                                       |                                                                                                                                                                                                               |                                                                                                                                                                                                                                      |                                                                                                                                                                                                |                                                                                                                                    | <b>Total Matrix Score</b> |                    |

