

Purpose: The PPS 3059A, My Plan for Successful Adulthood, serves as the formal transition plan document required by federal and state policy, in accordance with the Family First Prevention Services Act of 2018 for all youth and young adults who are 14 or older, regardless of case plan goal. For youth and young adults who are on the I/DD waiver or waiting list, case teams should utilize PPS 3059B. This form is to be used as a tool to help CWCMP staff and supportive adult(s) guide youth and young adults in formulating plans for their transition into adulthood by assessing their strengths and needs while also addressing adults' any current or future challenges. It is crucial that workers understand that transition planning with youth and young adults is a process that only successful with authentically engaged youth and young

See section 3214 of the KS DCF PPM for more information

Guidelines for Completion: Youth and young adults shall be involved in developing the My Plan for Successful Adulthood. Planning must be guided by the youth or young adult's goals, wishes, hopes, and dreams. This plan shall be collaboratively created by the youth or young adult, the case management team, and supportive adults in the youth or young adult's life. Supportive adults may include parents, birth family, foster parents, residential caregivers, kinship connections, mentors or other adults identified by the youth or young adult and case management team.

This plan should be utilized over time to focus on the long-term goals of the youth or young adult by creating short term goals and tasks that lead to successful completion of long-term goals. Case teams should use the information gathered from completing this form to guide case plan tasks. This form is updated prior to each case plan or whenever there is any new relevant information.

Based upon the youth or young adult's age and maturity level, the plan is designed to be to guide discussions during monthly visits with the youth or young adult. Introducing the sections over time allows the youth or young adult to become familiar and comfortable with the plan. Some sections are not required to be completed at ages 14 and 15, may be used with youth of sufficient age or maturity. The form utilizes personalized wording such as "My Education Plan" and "I need support as I continue..." to encourage youth ownership in the planning process.

This form shall be forwarded to the court and attached to each case plan. This form also needs to be sent to the DCF Foster Care Liaison and the DCF Independent Living Coordinator with the case plan invitation. The form must be reviewed at each case planning conference. The case manager shall document on the form which sections of the plan were not discussed during the current review period. The form must be completed, reviewed, and updated in its entirety 90 days prior to the youth or young adult's exit interview. This document is expected to change leading up to adulthood. It is appropriate for this document to serve as a historical tracking tool, to assist the youth or young adult in documenting and observing their growth, progress, and achievements towards transition into adulthood.

- The top of the PPS 3059A is identifying information about the youth or young adult.
- Each section includes space for case teams to document identified case plan tasks based on the information provided in the section.
- The "Summarize goal progress since the last transition plan update" is intended to reflect ongoing progress for the youth or young adult. The summary of progress after initial completion shall include all previous updates to the plan and concerns about the plan, indicated by date with the top entry as the most recent, and shall specify the first and last name of the case manager or family support worker updating the plan. The summary shall reference the sections the information is updating.

- My Plan for Successful Adulthood shall be signed and dated each time transition planning occurs.

Section 1: Getting to Know you (Required for all youth or young adults ages 14 and older)

This section focuses on the important details of the youth or young adult's specific interests, culture, concerns, strengths, abilities, needs and preferences. This section is intended to be youth-driven and empower their voice and participation in the planning process for their transition into adulthood by personalizing the transition plan to the specific youth or young adult.

Section 2: My Support Network (Required for all youth or young adults ages 14 and older)

DCF understands the importance of stable and healthy long lasting relational supports for youth or young adults as they transition into adulthood. This section is used to document and support connecting youth and young adults to their identified support network outside of their case team. Youth and young adults should be given the opportunity to participate in a mentorship or supportive adult relationships and the case team shall assist in facilitating the resources to do so. Each youth or young adult should be given the opportunity to invite their support network to their transition and case planning processes.

Section 3: My Identifying Documents (Required for all youth or young adults ages 14 and older)

(PPM 5259, 3214) (Section 475 of the Social Security Act) (Section 603(d) Fair Credit Reporting Act)

Section 3 focuses on the youth or young adult's identifying documents. It is important that the youth or young adult is assisted in obtaining their identifying documents. These documents are required upon release from custody and provide the youth or young adult with the essential documents needed to secure employment, housing, mental health and medical treatment, continued education, as well as a historical reference of their identity from their childhood. Having these documents in the youth or young adult's possession upon release is essential to their successful transition.

Progress shall be noted at each subsequent update following the initial plan development. The status of each personal document shall be checked including information about where the documents are physically located. For documents that have not been obtained or are missing, detailed steps to obtain these documents should be included on the form. Youth and young adults shall be provided these documents upon leaving care. Youth, case managers, and other supportive adults should plan for a secure place for keeping these documents upon release of custody.

Section 4: Life Skills (Required for all youth and young adults ages 14 and older)

This section is intended to assess the basic skills needed to successfully live independently as an adult. The categories are broken down for the youth or young adult, case worker, and supportive adult(s) to assess the youth's skill set in each domain using a Likert Scale from 1-5. By assessing the youth or young adult's competency in these essential life skills at age 14, the youth is given additional time and support to develop competency in these areas prior to transitioning into adulthood.

Case teams can explore specific life skills with youth and utilize the case plan to add tasks to develop these identified skills. Case teams may use scaling questions and tools such as asking a youth or young adult to identify why they scored them at that specific age while also disclosing to the youth or young adult why the case team/supportive adult(s) selected the score they did.

Section 5: Youth Advocacy (Required for all youth or young adults ages 14 and older)

Section 5 is an evaluation of the youth or young adult's awareness of regional and statewide councils and assesses interest in those councils or any other youth lead advocacy. The youth or young adult shall be provided with information on the Kansas Youth Advisory Council (KYAC) and the Regional Youth Advisory Councils (RYAC) to ensure that the youth has been given the opportunity to participate in

advocacy groups and to promote youth normalcy. Case teams should explore additional youth advocacy opportunities for youth/young adults outside of KYAC and RYAC such as Kansas Youth Empowerment Academy (KYEa), YLink, school groups, etc.

Section 6: My Education Plan (Required for all youth or young adults ages 14 and older)

This section is an opportunity for case teams to assist youth or young adults with their plans for completing their secondary education, which may include an alternative educational program or GED. Plans for post-secondary education shall be addressed by indicating if the youth or young adult plans to attend a certified technical program, community college, or university. If the youth or young adult is receiving special education services, the IEP or 504 plan accommodations should be documented in this section. There is an option for youth or young adults to indicate if they would like to be accessed for any services or supports.

If it is identified the youth or young adult is behind in attainment of their secondary education, the case manager shall assist the youth or young adult in checking for missing secondary education credits. The youth or young adult shall also be assisted in checking to see if KSA 38-2285 applies. This statute allows youth in foster care to graduate with the state required 21 core credit hours.

Section 7: My Health and Well-Being (Required for all youth/young adults ages 16 and older)

Section 7 addresses provision of youth or young adult's health needs. This section includes information on providers and payment mechanisms. Case teams should explain Kansas Medicaid eligibility to the youth or young adult during the transition planning process. If the youth or young adult is receiving mental health services or taking medication, plans for the continued assessment of need, provision of the prescriptions necessary, and payments shall be made. Youth and young adults shall be given the opportunity to discuss if they find their providers, medications, or both helpful and if they have any concerns with their providers or medications.

Section 8: My Employment and Financial Plan (Required for all youth and young adults ages 16 and older)

Section 8 creates a plan for employment and financial literacy. Vocational training and support, self-employment, supported employment and Working Healthy options shall be explored. Youth and young adults shall be assisted in accessing their local Workforce Center's Youth Education, Employment, & Training Programs via the Workforce Investment Opportunities Act (WIOA). Tasks to add to case plan shall address what has been check marked underneath the heading "I would like more information..." The worker shall assess if the youth or young adult has a disability and refer the youth or young adult to Vocational Rehabilitation, Pre-ETS, or other appropriate services, if it is determined that the youth or young adult may be eligible for these supports.

Section 9: My Transportation Plan (Required for all youth and young adults ages 16 and older)

Section 9 is used to for address the youth or young adult's transportation needs. This section shall provide a sustainable plan for transportation upon transition into adulthood. Transportation options may include walking, bicycling, bus rides, arrangement of rides with friends, plans purchasing a car, or completing driver's education. Youth and young adults shall be supported in determining the cost of their intended transportation plan and ways the youth or young adult can realistically achieve their goals.

Section 10: My Housing Plan (Required for all youth and young adults ages 17 and older)

Section 10 works with the youth or young adult to develop an achievable plan for housing after release of custody. Housing options include living in their own apartment, with supportive adult(s), relatives, dormitories, or other settings. Back up housing plans shall be explored with all youth and young adults

regardless of their original housing plans. There is a statement at the top of the page for youth/young adults to indicate if they understand that DCF Independent Living does not provide physical placement or housing to young adults once they are released from custody. While some young adults may be eligible for financial assistance for housing, DCF Independent Living does not have physical structures to place young adults. It is vital that youth and young adults have a clear understanding of the housing resources available, as well as the potential barriers to obtaining housing once they are released from custody.

The PPS 7000A Independent Living Monthly Budget Plan can be utilized to assist the youth or young adult in planning housing options. This section shall describe the youth or young adult's plan for housing and where the youth or young adult will go if their housing plan were no longer safe or viable. For youth or young adults who are utilizing dormitories the plan should include where the youth or young adult will go during college breaks when dormitories are not available. It is important to list the contact information for housing plans if the youth or young adult has those details available to them. If the youth or young adult does not have a safe or viable housing plan, efforts shall be documented that show resources have been provided to the youth or young adult about safe housing options to avoid homelessness. A safety plan shall be documented to show the youth or young adult has access to emergency shelter and food within the community where they will be living once released from custody.

Section 11: Legal (Required for all youth or young adults ages 14 and older who have current or pending charges and/or past convictions)

Section 11 addresses legal matters for youth or young adults who have current or pending charges or past convictions. Case teams and youth or young adults should include information in this section on the specific counties the charges or convictions are from. They should also include specific contact information for the court services or probation officers as well as contact information for the youth or young adult's criminal defense attorney. Youth and young adults should be guided in a discussion on their plans for fulfilling court orders and paying fines and fees. Case teams should help youth and young adults connect with resources and develop plans for completing court orders and paying fines or fees prior to the youth or young adult being released from custody. The case team should also guide the youth or young adult in a discussion on how their charges, or convictions may impact them in adulthood. Case teams should help youth and young adults connect to resources to address and potentially resolve these barriers.