FAMILY FIRST PREVENTION SERVICES ACT

DEPUTY SECRETARY TANYA KEYS
FOSTER CARE OVERSIGHT COMMITTEE - AUGUST 25, 2020
The Family First Prevention Services Act (FFPSA), signed into law in 2018, provided new federal funding for prevention activities in child welfare.

FFPSA programs are designed to prevent the need for foster care and funding is available only for children at imminent risk of placement in foster care.

The act provides federal matching dollars for evidence-based services in the areas of:

- Substance use disorder
- Parent skill building
- Mental health
- Kinship navigation
In October of 2019 DCF awarded 17 agencies across the state with $12.95 million in Family First prevention grants for FY 20.

Of the 17 grantees, 9 have well supported evidence base to receive federal match and 1 is pending federal review for evidence rating.

Grant term awarded was October 1, 2019 through June 30, 2020 with an option for up to four one-year renewals.

DCF also awarded a FFPSA grant evaluation to the University of Kansas Center for Research, Inc to work with DCF prevention grantees to evaluate program data and outcomes.
In May 2020, Kansas received $4.8M through the federal ACF Family First Transition Act Grant allotment.

The transition grant funds are one time funding available for 5 years for states to use to cover implementation costs or any costs related to title IV-B prevention.

DCF may use these funds to cover costs not yet matched by federal funds due to pending evidence based rating (e.g. ABC program).

DCF plans to use the funds to cover Year 1 of the new Kansas Family Crisis Response and Support service, family meeting model development, and investment of DAISEY quality measures for family health programing.
• The 2020 legislature approved an additional $7.51 million AF to expand FFPSA programs for FY 2021 but this enhancement was removed from the budget as part of the Governor’s allotment process.

• FFPSA budget to remain at FY 20 funding levels in FY 21.

• Some variation in grant amount for providers between FY 20 and FY 21 due to lack of startup costs in FY 21.
SUBSTANCE USE DISORDER GRANTEE
DCCCA

FY 21 Grant Amount
$88,252

Area Served
Crawford County

Evidence Based Practice
Adolescent Community Reinforcement Approach

Service
Outpatient treatment intervention for youth with substance use and co-occurring mental health disorders and their families
KANSAS CHILDREN’S SERVICE LEAGUE

FY 21 GRANT AMOUNT
$269,885

AREA SERVED
Shawnee County

EVIDENCE BASED PRACTICE
Parent-Child Assistance Program (P-CAP)

SERVICE
Assists families in obtaining alcohol and drug treatment and staying in recovery
SAINT FRANCIS MINISTRIES

FY 21 GRANT AMOUNT

$729,267

AREA SERVED

FI, SW, TH, SA, BT, SG

EVIDENCE BASED PRACTICE

Seeking Safety

SERVICE

Provides services and counseling to families with one or more individuals who are using substances, resulting in children at risk for removal.
PARENT SKILL BUILDING GRANTEES
FY 21 GRANT AMOUNT
$703,648

AREA SERVED
WY, SG, LV, CN, RA, SH, TH, WA, LG, DC, NT, SD, GH, GO, TR, PL, SM, RO, OB, EL, RS

EVIDENCE BASED PRACTICE
Attachment and Biobehavioral Catch-Up

SERVICE
Helps caregivers strengthen parent-child attachment and increase self-regulation in infants and toddlers through parent coaching sessions
GREAT CIRCLE

FY 21 GRANT AMOUNT
$1,352,335

AREA SERVED
Douglas County and Atchison County

EVIDENCE BASED PRACTICE
Healthy Families America

SERVICE
Intensive home visiting family support program that provides a variety of services including child development supports, access to health care, and parent education
KANSAS CHILDREN’S SERVICE LEAGUE

FY 21 GRANT AMOUNT
$596,296

AREA SERVED
SG, AL, NO, WL

EVIDENCE BASED PRACTICE
Healthy Families America

SERVICE
Intensive home visiting family support program that provides a variety of services including child development supports, access to health care, and parent education
SUCCESS BY 6 COALITION OF DOUGLAS COUNTY

FY 21 GRANT AMOUNT
$84,465

AREA SERVED
Douglas County

EVIDENCE BASED PRACTICE
Healthy Families America

SERVICE
Intensive home visiting family support program that provides a variety of services including child development supports, access to health care, and parent education
FOSTER ADOPT CONNECT, INC.

**FY 21 GRANT AMOUNT**

$181,435

**AREA SERVED**

Johnson County and Wyandotte County

**EVIDENCE BASED PRACTICE**

Fostering Prevention

**SERVICE**

Home visiting service that provides weekly visitation, in-home parenting curriculum, group parenting, resource referrals, and concrete services to at-risk families
Family mentor will educate parents about healthy child development, advocate for and support the family during mental health or academic wrap arounds, budget plan, access local assistance programs, and assist during stressful times.
KANSAS PARENTS AS TEACHERS ASSOCIATION

FY 21 GRANT AMOUNT

$999,473

AREA SERVED

Statewide

EVIDENCE BASED PRACTICE

Bright Futures (Parents as Teachers)

SERVICE

Intensive home visiting program in which parent educator builds relationships with a family and offers information and activities to enhance the child’s intellectual, social-emotional, motor and language development, providing parents with the skills and knowledge needed to appropriately care for their child
MENTAL HEALTH GRANTEE
COMMUNITY SOLUTIONS INC.

FY 21 GRANT AMOUNT
$1,718,362

AREA SERVED
AL, CR, LB, MG, NO, SN, AT, LV, WY, BT, EW, HV, RN, MP, SA, BU, CL, SG

EVIDENCE BASED PRACTICE
Multisystemic Therapy

SERVICE
Intensive therapeutic service aimed at promoting pro-social behavior and reducing criminal activity, mental health symptomology, out-of-home placements, and illicit substance use in 12 to 17 year-old youth
CORNERSTONES OF CARE

**FY 21 GRANT AMOUNT**

$875,016

**AREA SERVED**

AT, LV, WY, DG, JO

**EVIDENCE BASED PRACTICE**

Functional Family Therapy

**SERVICE**

Intensive, short-term intervention for youth that display behavioral or substance abuse issues aimed at increasing pro-social behaviors and achieving positive outcomes through counseling and engagement with the family
Families and youth work with a therapist to decrease child behavior problems and improve parent-child attachment through the use of social reinforcers.
SAINT FRANCIS MINISTRIES

FY 21 GRANT AMOUNT
$2,871,371

AREA SERVED
Northwest, Southwest, and Wichita DCF regions

EVIDENCE BASED PRACTICE
Family Centered Treatment

SERVICE
Intensive in-home treatment services for youth and families using psychotherapy designed to reduce maltreatment, improve caretaking and coping skills, enhance family resiliency, develop healthy and nurturing relationships, and increase children’s well-being through family value
TFI FAMILY SERVICES

FY 21 GRANT AMOUNT

$1,590,955

AREA SERVED

AL, AN, BB, CQ, CK, CF, CR, FR, LB, LN, MI, MG, NO, OS, SN, WL, WO, FI, RL, BU, EK, GW

EVIDENCE BASED PRACTICE

Growing Nurturing Families (Parent Child Interaction Therapy)

SERVICE

Families and youth work with a therapist to decrease child behavior problems and improve parent-child attachment through the use of social reinforcers
KINSHIP NAVIGATION GRANTEES
KANSAS LEGAL SERVICES

FY 21 GRANT AMOUNT
$265,147

AREA SERVED
Statewide

EVIDENCE BASED PRACTICE
Kinship Interdisciplinary Navigation Technology (KIN-TECH)

SERVICE
Legal advice, representation and mediation of services for guardianship, adoptions, family law issues, and assistance with other legal issues
RESULTS
THUS FAR
<table>
<thead>
<tr>
<th>Program</th>
<th>Oct</th>
<th>Nov</th>
<th>Dec</th>
<th>Jan</th>
<th>Feb</th>
<th>Mar</th>
<th>Apr</th>
<th>May</th>
<th>Jun</th>
<th>Total</th>
<th>Program as %</th>
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<tbody>
<tr>
<td>Substance Use Disorder</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>3</td>
<td>8</td>
<td>7</td>
<td>2</td>
<td>4</td>
<td>25</td>
<td>4.9%</td>
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<tr>
<td>Kinship Navigation</td>
<td>0</td>
<td>4</td>
<td>5</td>
<td>7</td>
<td>13</td>
<td>14</td>
<td>10</td>
<td>16</td>
<td>7</td>
<td>76</td>
<td>14.8%</td>
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<tr>
<td>Parent Skill Building</td>
<td>0</td>
<td>3</td>
<td>9</td>
<td>9</td>
<td>23</td>
<td>31</td>
<td>35</td>
<td>24</td>
<td>29</td>
<td>163</td>
<td>31.8%</td>
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<tr>
<td>Mental Health</td>
<td>0</td>
<td>3</td>
<td>10</td>
<td>22</td>
<td>33</td>
<td>48</td>
<td>40</td>
<td>48</td>
<td>45</td>
<td>249</td>
<td>48.5%</td>
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<tr>
<td><strong>Total</strong></td>
<td>0</td>
<td>10</td>
<td>25</td>
<td>38</td>
<td>72</td>
<td>101</td>
<td>92</td>
<td>90</td>
<td>85</td>
<td>513</td>
<td>100.0%</td>
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## FY20 FAMILY FIRST OUTCOMES

<table>
<thead>
<tr>
<th>Total # Not Removed</th>
<th>Total # with a Removal</th>
<th>Total # of Families referred to Family First Services</th>
<th>% Maintained at Home</th>
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<tbody>
<tr>
<td>476</td>
<td>31</td>
<td>507</td>
<td>93.9%</td>
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<table>
<thead>
<tr>
<th>Program</th>
<th># Not Removed from Home</th>
<th># Removed from Home</th>
<th>Total</th>
<th>% Maintained at Home by Family First Service type</th>
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<tr>
<td>Parent Skill Building</td>
<td>155</td>
<td>8</td>
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<td>95.1%</td>
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<tr>
<td>Kinship Navigation</td>
<td>72</td>
<td>4</td>
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<td>Mental Health</td>
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<td>94.0%</td>
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<tr>
<td>Substance Use Disorder</td>
<td>21</td>
<td>4</td>
<td>25</td>
<td>84.0%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>482</strong></td>
<td><strong>31</strong></td>
<td><strong>513</strong></td>
<td><strong>94.0%</strong></td>
</tr>
</tbody>
</table>
• KU Research Inc. is completing a rigorous evaluation that is both process and outcome based
• KU will collect and compare data over time and at different points in a case
• Family First outcomes will be compared to families with no services and those with different types of services to see if Family First fared better, worse, or differently
• Grantee implementation will also be evaluated
KU Research Inc. received data files for FY 20 earlier this month and may be able to start regular reports in the near future.

- Launch of family survey data collection scheduled to begin in 2020.
- More in depth evaluation on outcomes and community impact will be available in the coming months.
Becky Peters
Kansas Parents as Teachers Association (KPATA)
QUALIFIED RESIDENTIAL TREATMENT PROGRAMS (QRTP)
QUALIFIED RESIDENTIAL TREATMENT PROGRAMS

• In addition to funding for evidence-based prevention services, the FFPSA also created additional requirements for any placement of foster youth in congregate care facilities.

• When a child can’t reside with a relative or a family foster placement due to behavioral disorders or disturbances, their group or congregate care placement experiences should meet the quality attributes of a Qualified Residential Treatment Program (QRTP).
QUALIFIED RESIDENTIAL TREATMENT PROGRAMS

• Every QRTP must:
  • Employ a trauma-informed treatment model
  • 24 hour access to a licensed nursing staff
  • Involve the family in the child’s treatment program
  • Provide discharge planning and family-based aftercare support

• While QRTPs do not provide prevention services themselves, states must implement QRTP standards for congregate care placements for youth in state custody to draw down the prevention match funds

• DCF licenses QRTP facilities. Case Management provider request independent reviewer for assessment within 30 days and a judge reviews recommendation within 60 days
QUESTIONS?