



## Resources for Kansans



### Community Mental Health Centers

With more than 4,500 team members in 26 licensed centers, [Community Mental Health Centers](#) provide services to all who need it, regardless of economic level, age or type of illness.

Find a center near you at [acmhck.org/resources/cmhc-map](https://acmhck.org/resources/cmhc-map).



### 211 Information and Referral

Sponsored by the United Way, 211 allows access to free and confidential support to help Kansans connect with a wide range of resources and services.

Connect by dialing 211 or texting your zip code to 898-211.

A resource directory is also available for several NE Kansas counties. If you live in Doniphan, Franklin, Johnson, Leavenworth, Linn, Miami and Wyandotte, visit [uwgkc.myresourcedirectory.com](https://uwgkc.myresourcedirectory.com).



### 1-800-CHILDREN

Powered by the Kansas Children's Service League, [1-800-CHILDREN](#) is a non-judgmental, free, and confidential service that's available 24/7 to help connect families to resources and supports in their communities.

Call 1-800-CHILDREN (322-6378) or visit online at [1800childrenks.org](https://1800childrenks.org).



### Kansas Food Source

Find food resources in your county by visiting Kansas Food Source. It is your source to find food in the Sunflower State and sponsored by Kansas Food Bank, Harvesters Community Food Network, and Second Harvest Community Food Bank.

Visit online at [kansasfoodsource.org](https://kansasfoodsource.org).



### 988 Suicide and Crisis Line

A direct connection to compassionate, accessible care and support. [988](#) provides 24/7 free and confidential support by trained crisis counselors for people experiencing crisis and people who want to provide support for others in crisis.

Call or text 988, or visit [988lifeline.org](https://988lifeline.org).