Residential Maternity Care (RMC)

Date of Site Visit:

Provider:

Provider Contact: DCF Surveyor:

**Instructions:** The Site Visit Tool is to be completed at in-person site visits for initial reviews, 90-day reviews and annual reviews. This site visit tool will score the policy and procedure manuals, youth, files, employee files, and facility for compliance with the placement standards. Review each section and coordinating source of information. When completing the findings section, choose Substantially Met if all items are located. Partially Met if some of the items are located. Not Met if you do not find the information asked for. And Not Applicable if the item does not apply to this facility. If an item is not Substantially Met, please note what is missing in the comments section.

Scoring: Substantially Met = 1

Partially Met = .5 Not Met = .25 Not Applicable = 0

Total possible score on this site visit tool is 75. If score is 65 or less, that requires an automatic Corrective Action Plan (CAP). Items that do not score substantially met, will require comments that will be the basis for the CAP. Facilities will have 14 days to address the missing items and submit corrections or a plan to make necessary corrections (for example trainings, this can take time to find and schedule). Track CAP corrections on this form and document the date corrections are received.

# SECTION 1: GENERAL PROGRAM DESCRIPTION AND REQUIREMENTS

A Residential Maternity Care (RMC) facility is a 24-hour group home or residential facility that meets the requirements of KAR 28-4-123-132 and KAR 28-4-268-280. It is non-secure residential services whose primary purpose is devoted to the maintenance and counseling of pregnant youth who need services related to their pregnancy, and planning and care for the unborn child through labor, delivery and postnatal care. RMC's providing care for pregnant youth shall meet the requirements of K.A.R. 28-4-279. RMC's providing care for post-partum youth and infants shall meet the requirements of K.A.R. 28-4-280.

# Section 1.1: Services Provided in Residential Maternity Care

The range of services to be delivered by the RMC facility to meet the variety of individual needs of the residents shall be clearly defined. The General Program description approved by DCF Prevention and Protection Services shall include but not be limited to:

- 1. goals of the program
- resident behavioral treatment system
- 3. job descriptions (responsibilities, functions, and qualifications)
- 4. policies and procedures
- 5. daily living activities
- 6. health services
- 7. recreation activities
- 8. visitation policies

The purpose of placement in an RMC is to improve the youth's decision making, coping skills, social skills, and to address any underlying problems which are affecting the youth, while teaching the youth how to handle their behaviors in order to transition successfully back into their family or community.

DCF requires foster parents and designated officials at child care institutions to apply the reasonable and prudent parenting standard. The standard is characterized by careful and sensible parental decisions that maintain a child's health, safety, and best interests while at the same time encouraging the child's emotional and developmental growth that a caregiver must use when determining whether to allow a child in foster care to participate in extracurricular, enrichment, cultural, and social activities.

#	Requirement	Source	Findings	Comments	<b>Date Corrections</b>	Score
			(Delete the three that		Completed	
			don't apply)		(Or note)	
1	Review p/p	Policies,	Substantially Met			
		Procedures or	Partially Met			
		Documents	Not Met			

			Not Applicable		
2	Review program	Policies,	Substantially Met		
	description.	Procedures or	Partially Met		
	_	Documents	Not Met		
			Not Applicable		
		•	•	 Score for this section:	

# SECTION 2: CRITERIA FOR THE YOUTH'S ADMISSION

Population Served:

- Population served is pregnant or post-partum mothers thru age 21, who:
  - Display a need for more structure and supervision than provided in a family foster home due to behaviors which might include difficulty with authority figures, minor offenses, and difficulty in school.
  - And child who is not a recipient of TANF
- Youth who DO NOT meet the standard for Psychiatric Residential Treatment Facility (PRTF) admission, who are not in need of intensive treatment, and for whom family-based services are not appropriate to meet the youth's needs.
- Youth awaiting a PRTF screen may reside in a RMC until the time of the screen.
- If a youth is in a RMC awaiting a screen the screen shall be completed within 14 days, but shall be completed as soon as possible. If the youth screens into a PRTF they can stay up to 14 days while awaiting a PRTF bed.
- No more than 50 percent of the youth in a RMC facility may have screened into a PRTF and be in the 14 day waiting period for a PRTF placement.
- Youth may step down to a RMC from a PRTF after the screener and treatment team have determined the youth no longer needs the level of care
  provided by a PRTF.

#	Requirement	Source	Findings	Comments	Date Corrections	Score
			(Delete the three that		Completed	
			don't apply)		(Or note)	
3	Review p/p.	Policies,	Substantially Met			
		Procedures or	Partially Met			
		Documents	Not Met			
			Not Applicable			
4	Review PRTF/RADAC	Case Records	Substantially Met			
	screens if appropriate.		Partially Met			
			Not Met			
			Not Applicable			
5	If Mental Health /	Case Records	Substantially Met			
	Substance Abuse treatment		Partially Met			
	needs are identified during		Not Met			
	the course of the youth's		Not Applicable			
	stay at the RMC, ensure					
	that they are followed up on					
	the program plan.					
	· · · · · · · · · · · · · · · · · · ·	•	•	•	Score for this section:	
ı						

# **SECTION 3: GENERAL STAFFING REQUIREMENTS**

Twenty-four-hour care which has been licensed by DCF CPA and Residential Facility Division (KAR 28-4-268-280) as a residential center to cover the programming the facility will provide to the population of children/youth whom the facility will serve. RMC's providing care for pregnant youth shall meet the requirements of K.A.R. 28-4-279. RMC's providing care for post-partum youth and infants shall meet the requirements of K.A.R. 28-4-280.

- The administrator in a RMC (meeting residential center standards K.A.R 28-4-268 (t) more than 10 residents) shall have a Bachelor's degree, prior administrative experience and a working knowledge of child development principles
- The administrator in a RMC (meeting group home standards K.A.R 28-4-268 (i)) not less than five nor more than ten persons) shall have at least a high school diploma or GED, prior administrative experience and a working knowledge of child development principles
- Program plan development, review, and case supervision are carried out by the RMC's Case Coordinator.
- The youth to case coordinator ratio in a RMC is 1:16
- The Case Coordinator shall have at least a bachelor's degree in one of the human service fields (social work, psychology, human development and family life, criminal justice, counseling), nursing, or education.
- Facility staff shall be trained to effectively meet the special needs of youth who require this level of care.
- Facility child care staff shall be at least 21 years of age with a minimum of three years age difference between the child care worker and oldest resident who can be admitted to the facility.
- The staff ratio is 1:7. during waking hours and 1:10 during sleeping hours. There shall be 24-hour awake staff to ensure child safety

#	Requirement	Source	Findings (Delete the three that don't apply)	Comments	Date Corrections Completed (Or note)	Score
6	Review p/p.	Policies,	Substantially Met			
		Procedures or	Partially Met			

		Documents	Not Met	
			Not Applicable	
7	Review administrator personnel file or contract for compliance.	N/A	N/A	This requirement is monitored by DCF Child Placing Agency and Residential Licensing Division.
8	Review administrator job description and HR file.	N/A	N/A	This requirement is monitored by DCF Child Placing Agency and Residential Licensing Division.
9	Review case coordinator job description and HR file. Check ratio assignments.	HR Files	Substantially Met Partially Met Not Met Not Applicable	
10	Review case coordinator personnel file for compliance.	HR Files	Substantially Met Partially Met Not Met Not Applicable	
11	Review facility staff job descriptions and HR files.	HR Files	Substantially Met Partially Met Not Met Not Applicable	
12	Review personnel files for age requirements.	HR Files	Substantially Met Partially Met Not Met Not Applicable	
13	Review staffing pattern for compliance with staff ratio requirements.	Staffing schedule	Substantially Met Partially Met Not Met Not Applicable	
				Score for this section:

# **Section 4: Case Coordination**

The Residential Maternity Care's case coordinator has the responsibility for coordinating the youth's program and progress with the referring CWCMP, school, employer, family, and other appropriate community resources. This shall include, but not be limited to, documenting phone calls, appointment and visits (on and off site).

The Case Coordinator will maintain a resource base of services to address the needs identified in Individual Program Plans and document in the youth's file, when and what community resources have been contacted and utilized for services for the youth. The case cordinator shall be responsible for Weekly Progress Notes (see Section 14: Record Keeping).

#	Requirement	Source	Findings (Delete the three that don't apply)	Comments	Date Corrections Completed (Or note)	Score
14	Review p/p.	Policies, Procedures or Documents	Substantially Met Partially Met Not Met Not Applicable			
15	Review case file for documentation of coordination with utilized community resources.	Case Record	Substantially Met Partially Met Not Met Not Applicable			
					Score for this section:	

# Section 5 – Staff In-service training.

# **Section 5.1 In-service Orientation Training**

Each facility shall have an in-service orientation training program for new employees, which is especially directed toward the initial training needs of staff working directly with residents. Documentation of completion of orientation training shall be kept in the staff member's personnel file.

The documentation shall be placed in a specific area in the staff's file, indicating:

- 1. staff training, reflecting orientation or annual training
- 2. name of trainer
- 3. name of training
- 4. specify the number of training hours

# 5. date of the training

Facility staff shall have completed a minimum of 18 hours of in-service orientation training. Staff shall demonstrate competency in the trainings from orientation before they can work independently with children.

#### All topics listed below shall be trained, even if it exceeds the minimum 18 hours of orientation:

Facility Trainings:

- · Facility policy and procedures manual
- Facility emergency and evacuation procedures
- · Facility discipline standards
- Child record documentation policies and procedures
- Resident rights (See Appendix 4, Resident Rights)
- Confidentiality laws
- Report Writing

Trainings from an outside source and/or trained trainers within the facility (source must be well recognized and qualified, trained trainers must have documentation on file):

- Emergency safety interventions (including management of aggressive or suicidal behavior) (if a facility chooses to use Emergency Safety Intervention staff shall be certified)
- De-escalation (staff shall be certified)
- The handling of blood borne pathogens
- · Medication Administration (staff who pass medications shall be certified)
- Certified in CPR/First Aid
- · Trauma based informed care/trauma specific intervention
- Mandated Reporting
- HIPPA Laws
- Comprehensive LGBTQ+
- Human Trafficking and exploitation
- Cultural Diversity
- · Suicide Prevention/Intervention/Safety

#	Requirement	Source	Findings (Delete the three that don't apply)	Comments	Date Corrections Completed (Or note)	Score
16	Review p/p.	Policies, Procedures or Documents	Substantially Met Partially Met Not Met Not Applicable			
17	Review training curriculum.	Policies, Procedures or Documents	Substantially Met Partially Met Not Met Not Applicable			
18	Review personnel files for annual training.	HR Files	Substantially Met Partially Met Not Met Not Applicable			

# **Section 5.2 Annual Service Training**

Each facility shall also have a written annual staff in-service training plan which addresses the annual training needs of all staff having direct contact with residents. This annual training is beyond or in addition to the initial 18-hour orientation training program from the date of employment.

\* All RMC direct care staff shall have a minimum of 18 documented clock hours of in-service training per year. Documentation shall be provided in each staff member's personnel record to include content, amount of time, trainer, and qualifications.

The documentation shall be placed in a specific area in the staff's file, indicating staff training, indicating:

- 1. staff training, reflecting orientation or annual training
- 2. name of trainer
- 3. name of training
- 4. specify the number of training hours
- date of the training

Facility Refreshers/Trainings:

- Facility policy and procedures manual
  - · Facility emergency and evacuation procedures
  - Facility discipline standards
  - Child record documentation policies and procedures
  - Resident rights (See Appendix 4, Resident Rights)
  - Confidentiality laws

Refreshers/Trainings from an outside source and/or trained trainers within the facility (source must be well recognized and qualified, trained trainers must have documentation on file):

- · Emergency safety interventions (including management of aggressive or suicidal behavior) (staff shall maintain certification)
- De-escalation (staff shall maintain certification)
- The handling of blood borne pathogens
- Medication Administration (staff shall maintain certification, may or may not require annual training)
- CPR/First Aid (Staff shall maintain certification, may or may not require annual training)
- Trauma based informed care/trauma specific intervention
- Mandated Reporting (Provided By DCF) http://www.dcf.ks.gov/services/MRT/Pages/default.aspx
- HIPPA Laws
- Comprehensive LGBTQ+
- Childhood and adolescent sexuality issues, especially the effects of early sexual abuse
- Substance Use Disorders
- Blood Borne Pathogens
- Childhood and adolescent development (including developmental disorders)
- Childhood and adolescent psycho-pathology (including such topics as effects of abuse/neglect, reactive attachment disorders, separation anxiety disorders, ADHD)

Suicide Prevention/Intervention/Safety

#	Requirement	Source	Findings (Delete the three that don't apply)	Comments	Date Corrections Completed (Or note)	Score
19	Review p/p.	Policies, Procedures or Documents	Substantially Met Partially Met Not Met Not Applicable			
20	Review training curriculum.	Policies, Procedures or Documents	Substantially Met Partially Met Not Met Not Applicable			
21	Review personnel files for annual training.	HR Files	Substantially Met Partially Met Not Met Not Applicable			
		•			Score for this section:	

	Section 6: Confirmation of Placement							
	A Foster Care Confirmation of Placement (PPS 5122) is available through the CareMatch system which confirms the placement arranged by the Welfare Case Management Provider (CWCMP).							
#	Requirement	Source	Findings	Comments	Date Corrections	Score		
			(Delete the three that don't apply)		Completed (Or note)			
22	Review p/p.	Policies,	Substantially Met		( = ====			
		Procedures,	Partially Met					
		Documents	Not Met					
			Not Applicable					
23	Look for a copy of the	Case Records	Substantially Met					
	confirmation of placement		Partially Met					
	_		Not Met					
			Not Applicable					
				_	Score for this section	:		

Section 7: Initial Assessment
When a youth enters the facility, the RMC shall begin assessing their strengths and needs immediately and have a completed assessment within 7 days of admission.

The assessment shall include but not be limited to the following:

- 1. Reasons for referral to the facility
- 2. Evaluation or assessment covering the following areas:
  - a) Physical health
  - b) Family relations
  - c) Academic or vocational training
- 3. Community life
- 4. Interpersonal interactions
- 5. Daily living skills as outlined in the scope of services listed above
  - Immediate service needs:
    - a) Mental Health
    - b) Developmental
    - c) Dental
    - d) Medical
- 7. Involvement or exposure to Substance Use/disorder
- 8. Involvement or exposure to other trauma
- 9. Assessment of youth's self- injuring or suicidal attempts

Placement needs of the youth shall be assess with regards to most appropriate next placement. Physical and mental health needs shall be coordinated with assigned CWCMP and youth's assigned MCO.

#	Requirement	Source	Findings (Delete the three that don't apply)	Comments	Date Corrections Completed (Or note)	Score
24	Review p/p.	Policies, Procedures or Documents	Substantially Met Partially Met Not Met Not Applicable			
25	Review case record.	Case Records	Substantially Met Partially Met Not Met Not Applicable			
					Score for this section:	

# **Section 8: Room Assignment**

In order to support the daily management and administration of residents, each residential provider shall develop an objective procedure regarding the physical housing of youth. Youth in a residential placement shall be assigned to a room based upon various factors, as identified by risk/needs assessment(s) in addition to other indicators. Factors to consider in assigning rooms shall include (but are not limited to):

- Suicidal tendencies
- Level of specialized needs (i.e. mental health, medical, etc.)
- Displaying inappropriate sexual behaviors /victims of sexual abuse)
- Gender
- Age and/or maturity level
- Program needs (substance use disorder, cognitive behavioral, independent living, etc.)
- Vulnerability to being victimized by others (i.e. physical stature)
- Comprehensive LGBTQ+

While each youth will have an individualized program plan, assigning rooms based upon risk/need/responsivity factors will allow for a safer, more secure environment, as well as efficient and effective management of the living units. The youth's room assignment and how the decision was made shall be documented in the youth's file.

#	Requirement	Source	Findings (Delete the two that don't apply)	Comments	Date Corrections Completed (Or note)	Score
26	Review p/p.	Policies, Procedures or Documents	Substantially Met Partially Met Not Met Not Applicable			
27	Factors considered for the youth room assignment shall be documented in the youth's file.	Case Records	Substantially Met Partially Met Not Met Not Applicable			
					Score for this section:	

# Section 9: Scope of Services

The provider shall write a policy and procedure manual for the operation of the RMC facility that will be reviewed and approved by DCF Prevention and Protection Services. The daily schedule shall address the needs of the residents and the use of time to enhance the resident's physical, mental, emotional, and social development. The facility shall provide supervised indoor and outdoor recreation so that every resident may participate. Age appropriate equipment and outdoor play space to promote physical development and physical fitness shall be available. Age appropriate socialization shall be provided utilizing community resources to assist the youth in transitioning back into their community when appropriate.

The RMC will provide a program for youth in the facility that covers the following program components:

Daily Living Services - Daily living services shall be provided and include the following:

- 1. room
- 2. board
- child care
- 4. personal spending money
- 5. personal care needs
- school fees
- 7. transportation to appointments within a 60-mile radius; including to and from school, medical care, recreation, etc.
- academic activities
  - a) assistance with school work
  - b) vocational training, and/or
  - c) G.E.D. training

Situational Training- to include but not limited to:

- 1. Personal Hygiene:
  - a) teaching about body cleanliness
  - b) use of deodorants and cosmetics
  - c) appropriate clothing
  - d) choosing clothing to fit individual and occasion
  - e) keeping clothes neat and clean
- Health:
  - a) identifying and understanding residents' health needs
  - b) securing and utilizing necessary medical treatment including preventive and health maintenance services
  - ) gaining information and education in health maintenance including:
    - i. preventive measures
    - ii. nutrition
    - iii. menstruation
    - iv. rest
    - v. cleanliness
    - vi. family planning
    - vii. drugs
    - viii. sexually transmitted diseases
    - ix. exercise
  - x. motivation for meeting own health needs
  - d) maintaining contact with providers of health services (physician, nurse, clinic)
  - e) using outside resources for assistance (clinics, pharmacies, hospitals)
  - f) outside resources for assistance (clinics, pharmacies, hospitals)
- 3. Consumer education for independent living:
  - a) budgeting
  - b) comparative buying
  - c) installment buying
  - d) avoiding risks
  - e) identifying illegal or excessive interest rates
  - f) use of credit
  - g) avoiding or dealing with debts
  - h) using checking and savings accounts
  - i) paying taxes
- Communication skills:

The youth's articulating thoughts and feelings through appropriate use of such skills as:

- a) speech
- b) writing
- c) use of the landline/cell telephones
- d) computer
- e) social networking
- f) internet
- Home Management:
  - a) making the bed and changing linens,

- b) using the vacuum cleaner,
- c) dusting,
- d) organizing belongings,
- e) disposing of trash,
- f) cleaning all areas of the home,
- g) operating appliances,
- h) cooking complete meals,
- i) making simple repairs,
- j) who to call when a major repair is needed,,
- k) being aware of the need for upkeep,
- 1) handling emergencies,
- m) knowing first aid.

# 6. Situational Guidance:

- a) identifying and accepting strengths
- b) developing patterns of acceptance
- c) coping with authority figures
- d) getting along with others
- e) sharing responsibility
- f) being considerate of others
- g) developing friendships
- h) knowing when to go home when visiting
- i) recognizing or modifying attitudes toward self or others
- j) responsible work attitudes
- k) tolerance of verbal criticism
- l) reactions to praise
- m) punctuality
- n) attendance

# Recreation:

- a) participating in leisure time activities
- b) learning how to spend leisure time
- c) developing outside activities
- d) managing time
- e) finding recreation with little or no expense involved
- f) finding community projects to take part in
- g) participating in social groups
- h) participating in sports and games
- i) arts and crafts
- j) appreciating fine arts

#	Requirement	Source	Findings (Delete the three that	Comments	Date Corrections	Score
			don't apply)		Completed (Or note)	
28	Review p/p.	Policies,	Substantially Met			
		Procedures or	Partially Met			
		Documents	Not Met			
			Not Applicable			
29	Review case file for	Case Records	Substantially Met			
	program plan and		Partially Met			
	implementation.		Not Met			
			Not Applicable			
30	Review daily schedule.	Case Records	Substantially Met			
			Partially Met			
			Not Met			
			Not Applicable			
31	Tour recreational areas to	Facility tour	Substantially Met			
	insure age appropriate		Partially Met			
	equipment and space.		Not Met			
	_		Not Applicable			
					Score for this section:	

# SECTION 10: BEHAVIOR MANAGEMENT

Each RMC shall have a written program of consistent rules and regulations guiding and governing the daily behavior of the youth under the care of the program. The behavior management system shall include a description of daily general routines of the program. The system of rules, rewards, and consequences for given behaviors shall be identified. Each youth shall be oriented to the RMC's behavior management system by a staff member during the admission or orientation

process. Notation shall be made in the youth's file and signed by the youth that the rules and regulations, rewards and consequences have been discussed with the youth.

The RMC facility shall post the behavior management system in a common area where youth are able to easily access the system and the youth shall be given a written copy of the system to use as a reference. Behavioral management shall include rules governing:

- interpersonal interactions with staff and peers
- · facility leave policies
- · school attendance and behavior while at school
- · verbal and physical aggression
- allowable possessions
- awakening and bedtime hours
- leisure hours

Prevention and Protection Services

- · visitation policies
- runaway attempts
- · involvement in recreation and other activities
- self-destructive behaviors
- sexuality
- · communications with family and others outside the program
- religious worship
- involvement in therapies
- · theft, property destruction
- behaviors resulting in mandatory removal from the program
- · behaviors at the program which could result in legal prosecution

When a youth decides not to attend religious worship or activities, alternative supervised activities shall be made available.

The overarching goals shall be to not only help the youth adjust to the residential facility but also to daily life within society. A resources list shall be maintained by the facility of the available resources to meet the youth's needs in the community.

Discipline at the facility shall be consistent and not be physically or emotionally damaging. Youth shall not be subjected to cruel, severe, unusual, or unnecessary punishment. Youth shall not be subjected to remarks that belittle or ridicule them or their families. Children/youth shall not be denied food, mail, telephone calls or visits with their families as punishment. Seclusion shall not be utilized as a disciplinary measure. Only staff members shall discipline children/youth.

#### Section 10.1: Reset

A procedure used to assist the child to regain emotional control by removing them from his or her immediate environment and restricting the child to a quiet area or unlocked quiet room.

# **Application of a reset:**

- 1. A resident in reset shall never be physically prevented from leaving the time out area.
- 2. Resets may take place away from the area of activity or from other residents.
- 3. Staff shall monitor the resident while he or she is resetting.

#	Requirement	Source	Findings (Delete the three that don't apply)	Comments	Date Corrections Completed (Or note)	Score
32	Review p/p.	Policies, Procedures or Documents	Substantially Met Partially Met Not Met Not Applicable			
33	Ask to review files of resident who have used a reset. Look for staff observation notes in case record.	Case Records	Substantially Met Partially Met Not Met Not Applicable			
					Score for this section:	

#### Section 10.2: De-escalation Certification

De-escalation is a technique used during a potential crisis situation in an attempt to prevent a child from causing harm to themselves, others and/or staff. De-escalation techniques shall be utilized for any activity required to diffuse a conflict or intense situation to ensure safety and calm the child. Staff shall be certified in authorized, evidenced based de-escalation techniques programs for managing aggressive behavior. Staff training records shall be kept as part of the staff member's personnel file and shall be made available upon request. At the time of admission to a facility, the child and parent (if applicable)/guardian and/or CWCMP Case Manager shall be oriented to the managing aggressive behaviors policies of the facility and shall sign a written acknowledgment of this orientation. This written acknowledgment shall be kept in the child's case record.

# Requirement   Source   Findings   Comments	Date Corrections	Score
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			(Delete the three	Campleted	
			,	Completed	
			that don't apply)	(Or note)	
34	Review p/p.	Policies,	Substantially Met		
		Procedures or	Partially Met		
		Documents	Not Met		
			Not Applicable		
35	Review personnel files for	HR Files	Substantially Met		
	documentation of required		Partially Met		
	training.		Not Met		
			Not Applicable		
36	Look for written	Case Record	Substantially Met		
	acknowledgments and		Partially Met		
	required signatures.		Not Met		
			Not Applicable		
				 Score for this section:	

# Section 10.3 Emergency safety interventions certification

An emergency safety intervention shall be performed in a manner that is safe, proportionate, and appropriate to the severity of the behavior, and the child's chronological and developmental age, size, gender physical, medical, psychiatric condition, and personal history.

The use of emergency safety interventions shall be performed only through the use of nationally recognized restraint procedures applicable to this population designed to prevent a child from harming self or others by exerting external control over physical movement.

An emergency safety intervention is the application of physical force without any mechanical device, for the purpose of restricting the free movement of a child's body. An emergency safety intervention shall be used only as last resort after all verbal de-escalation techniques have failed and when the child/youth is at-risk of harming themselves or others.

Mechanical restraint is the use of mechanical devices to restrict the free movement of the child's body, most often for purposes of preventing self-destructive behavior. Mechanical restraints are not allowed in RMC residential facilities.

Each facility shall have a written policy and all staff shall be trained to provide safe emergency safety interventions. Staff shall be certified in authorized, evidenced based training programs for managing aggressive behavior and de-escalation techniques. Staff training records shall be kept as part of the staff member's personnel file and shall be made available upon request. At the time of admission to a facility, the child and parent (if applicable)/guardian (if applicable) and/or CWCMP Case Manager shall be oriented to the emergency safety intervention policies of the facility and shall sign a written acknowledgment of this orientation. This written acknowledgment shall be kept in the child's case record.

#	Requirement	Source	Findings (Delete the three that	Comments	Date Corrections Completed	Score
			don't apply)		(Or note)	
37	Review p/p.	Policies,	Substantially Met			
		Procedures or	Partially Met			
		Documents	Not Met			
			Not Applicable			
38	Review written plan to limit	Case Records	Substantially Met			
	use of restraints.		Partially Met			
			Not Met			
			Not Applicable			
39	Review restraint logs.	Case Records	Substantially Met			
	_		Partially Met			
			Not Met			
			Not Applicable			
40	Review personnel files for	Case Records	Substantially Met			
	documentation of required		Partially Met			
	training.		Not Met			
			Not Applicable			
41	Ask for other effective	Case Records	Substantially Met			
	techniques and alternatives		Partially Met			
	used by the facility.		Not Met			
			Not Applicable			
42	Look for written	Case Record	Substantially Met			
	acknowledgments and		Partially Met			
	required signatures.		Not Met			
			Not Applicable			
					Score for this section:	

# Section 11: Program Plan

Each youth residing in a residential facility shall have a program plan that is based on a thorough assessment. Assessment documents shall be included in the case record. The program plan shall be established by the end of 14 days from admission and shall address the identified needs in the emotional, physical, educational, social, familial, and where appropriate independent living skill domains. Youth may not have identified needs in every domain. If so, document no needs were identified. Program plans shall be updated when new needs are identified or when program goals are met. Program plans shall be thoroughly reviewed, and revisions made at the case review conferences within 30 days of completion of initial program plan and each 30 days thereafter including updated information of the progress of the youth's goals. Information obtained from the youth, parent, guardian, and CWCMP Case Manager shall be considered in the report. The initial program plan and all updates shall be sent to the CWCMP Case Manager.

The program plan shall include individualized services to match the youth's identified needs in the following areas:

- Long term goals in the areas of:
  - 1. physical health
  - 2. family relations
  - 3. daily living skills
  - 4. academic and/or vocational skills
  - 5. interpersonal relations
  - 6. substance use service needs
  - 7. emotional/psychological health
- Short term goals which will help a youth eventually reach his/her long-term goals in each of the above areas.
  - 1. Services to meet independent living goals.
  - 2. Specific plans for reaching the short-term goals including services to be provided and frequency.
  - 3. Estimated time for reaching short term goals.
- The youth shall sign and date the program plan indicating participation and input in the development of the plan.
- Updated information of the progress of the youth's goals shall be included.

RMC staff shall participate in the case plan conducted by the CWCMP case manager.

#### Permanency Planning:

Includes the evaluation and design of an approach for the youth and family that focuses on opportunities for the youth to have ongoing active and meaningful connections with family, kin, relatives, and the community. The goal for achieving permanency shall be coordinated with the youth's CWCMP Case Manager and be included in the program plan to be reviewed every 30 days. The permanency plan shall include strategies and tasks to accomplish the youth's goals. Behaviors which place the youth at risk for disruption, activities to prepare the youth's family or kinship network for reunification, identification of other less restrictive living environments and preparing the youth for transition to these settings shall be addressed.

#	Requirement	Source	Findings (Delete the three that don't apply)	Comments	Date Corrections Completed (Or note)	Score
43	Review p/p.	Policies, Procedures or Documents	Substantially Met Partially Met Not Met Not Applicable			
44	Check for signatures and dates on reviews.	Case Records	Substantially Met Partially Met Not Met Not Applicable			
45	Review case record.	Case Records	Substantially Met Partially Met Not Met Not Applicable			
46	Check for program objectives.	Case Records	Substantially Met Partially Met Not Met Not Applicable			
47	Check for 30-day reviews.	Case Records	Substantially Met Partially Met Not Met Not Applicable			
48	Check for RMC staff participation in CWCMP case planning.	Case Records	Substantially Met Partially Met Not Met Not Applicable			

#### Section 12: Visitation

Subject to the provider's visitation guideline (days of the week, times, appropriate attire, etc.) a provider shall not prohibit contact with a child's immediate family except for the following reasons:

- A court orders no contact
- · There is documented violence, threatening or disruptive behavior by family member that occurred during contact
- There is documented introduction of contraband into the facility

The facility shall provide private accommodations for visitation. Accommodations shall include but not be limited to: a private office/room, no staff presence (unless required), free of any individuals that may overhear confidential information.

When home visits are a part of the treatment plan, there shall be coordinated connections with the child, their family, and the case coordinator/facility program staff regarding the youth's treatment and program goals and objectives. The goal of placement shall be to return the child to a family-like setting, so it is important that home visits be carefully planned and executed in the best interests of permanency planning for the child. All home visits shall be arranged through coordination with the child's CWCMP Case Manager. Documentation in child's file shall include who is transporting children to and from family visits and observation of the child's behavior during transportation.

The child shall have an approved contact list to include, the type of contact allowed (letter, phone, day passes, overnight passes, etc.) The contact list must be reviewed/updated every 60 days. Approved contacts shall be determined by the CWCMP Case Manager. The initial contact list and all reviews/updates shall include the CWCMP Case Manager signature.

#	Requirement	Source	Findings (Delete the three that don't apply)	Comments	Date Corrections Completed (Or note)	Score
49	Review p/p.	Policies, Procedures or Documents	Substantially Met Partially Met Not Met Not Applicable			
50	Look for documentation of transportation activities and observations.	Case Record	Substantially Met Partially Met Not Met Not Applicable			
				Score fo	r this section:	

#### Section 13: Discharge/Aftercare Plan

Discharge planning shall begin upon admission of the youth to the facility. At a minimum, the child/youth, the child's/youth's parents, if applicable or guardian, and the CWCMP Case Manager shall be involved in planning the discharge from the facility.

A discharge summary shall be completed at the time of the youth's discharge and be forwarded to the CWCMP Case Manager within one business day. The discharge summary shall include written:

- · Summary of progress, or lack thereof, of the youth's goals and objectives while the youth was in placement
- Summary of the youth's behavior while in placement
- · Recommendations for aftercare services specifying the nature, frequency, duration of services and responsible parties
- Summary of the reasons the youth was discharged

#	Requirement	Source	Findings (Delete the three that don't apply)	Comments	Date Corrections Completed (Or note)	Score
51	Review p/p.	Policies, Procedures or Documents	Substantially Met Partially Met Not Met Not Applicable			
52	Review discharge planning.	Case Records	Substantially Met Partially Met Not Met Not Applicable			
53	Review closed files for aftercare planning.	Case Records	Substantially Met Partially Met Not Met Not Applicable			
54	Review closed files for discharge summary.	Case Records	Substantially Met Partially Met Not Met Not Applicable			
				Score	for this section:	

# **SECTION 14: Record Keeping**

The record keeping requirements of KAR 28-4-272 shall be met by the facility. In addition, the following shall be kept by the facility. If a facility chooses to use electronic filing full access shall be given to DCF employees who are conducting site visit.

#### Child's File

The provider shall maintain a file for each child. The file shall contain the following:

- Childs's name and date of birth
- Name, address and emergency contact information of the child's CWCMP Case Manager
- Current CWCMP Referral form
- Current CWCMP Case Plan
- Foster Care Confirmation of Placement
- If reunification is the goal, evidence demonstrating that the parent from whom the child was removed provided input on the members of the family and permanency plan.
- Initial Assessment
- Suicide/self-injury questionnaire
- Room assignment assessment
- Medical and surgical consents
- Medical and dental records (history and current)
- Documentation of diagnosis (history and current)
- Records of the child's prescription(s) and non-prescription(s) and when administered
- Authorization for release of confidential information
- Daily observation logs by shift
- · Weekly progress notes
- Program plans
- Treatment Plans, if applicable
- Discharge plans/Aftercare
- Approved contact list
- Resident's rights acknowledgement
- Emergency Safety Intervention/de-escalation acknowledgements
- · Handbook/Rules acknowledgement
- Pre and Post visit documentation
- Significant incident reports
- Personal Property Inventory
- Educational documentation

#### Record Retention

Case records, including medical records, shall be maintained for 6 years from the date of the child's discharge or until completion of an on-going audit and production of a final audit report, whichever is longer.

# **Daily Observations:**

A dated record of daily observations and significant occurrences involving each child shall be maintained by each shift and maintained in each child's individual file. The record shall include events which may affect the well-being of the child. Significant events should include but not be limited to; attendance at school or groups (specific group), interactions and/or interventions with staff and other children, medical appointments, mental health appointments, medication compliance, hygiene (if identified as a need), visits/passes, meals eaten and overall behavior. Each report shall include the staff member and/or child involved, the nature of the incident and the circumstances surrounding it. The record shall be available to review.

# Weekly Progress Notes:

Notes shall be completed by the case coordinator. These notes shall be entered into the child's chart, reflecting the delivery of services according to the treatment plan. This documentation shall address the child's responses to interventions and the progress of the child on individualized goals and objectives. The note shall include any significant events that occurred during the week and shall also summarize contacts with family members and other involved agencies. If an unmet need is identified, the note shall reflect the actions to be taken to revise the plan to meet that need. The case coordinator shall document specific services and activities they are providing to each child. Each month the weekly progress notes shall be sent to the CWCMP Case Manager. The Monthly Progress Report Form shall be submitted to each child's provider no later than the 15th of each month following the reporting month, for all children who are in placement more than 15 days of that calendar month. Submission will be accepted by e-mail to:

- $\bullet \qquad \text{Cornerstones of Care: KSmonthlyprogress reports @Cornerstones of care.org} \\$
- KVC: KVCMonthlyReports@KVC.org
- St. Francis Ministries: MonthlyProgressReports@st-francis.org
- TFI: MonthlyReports@TFIFamily.org

# Health Records:

Health Care and Records of children shall meet the requirements of KAR 28-4-275. Records of over the counter and prescribed medications shall be kept in each child's case medical record and include the:

- name of the prescribing physician
- name of the medication
- dosage prescribed
- medication schedule

- purpose of the medication
- noted side effects
- date of the prescription
- date prescribed by a physician

A record of medication given, amount, date and time, and person dispensing shall be recorded. All doctor and dental visits, major illnesses, and accidents shall be recorded. Mental health appointments shall also be specifically documented in a child's medical record. This provides for a complete Health record for the child and their family, which documents the frequency of the youth's mental health treatment.

#### Personnel Records:

A separate file shall be maintained for each employee. Personnel files shall include the following:

- Written employment application, resume and reference checks
- Position description
- Educational transcripts, HS diploma, college degree, etc.
- Copy of driver's license/Kansas ID (current)
- Disciplinary action records
- Training records

	Requirement	Source	Findings (Delete the three that don't apply)	Comments	Date Corrections Completed (Or note)	Score
5	Review p/p.	Policies, Procedures or Documents	Substantially Met Partially Met Not Met Not Applicable			
66	View stored records.	Tour	Substantially Met Partially Met Not Met Not Applicable			
57	Review case file for documentation of daily observations and significant occurrences.	Case Records	Substantially Met Partially Met Not Met Not Applicable			
8	Review case file for documentation of weekly progress notes.		Substantially Met Partially Met Not Met Not Applicable			
59	Review case file for documentation of health care records.		Substantially Met Partially Met Not Met Not Applicable			
50	Review case file for documentation of 30-day progress reports.		Substantially Met Partially Met Not Met Not Applicable			
1	Review case file for documentation of permanency planning.		Substantially Met Partially Met Not Met Not Applicable			

	Section 15: Reporting Abuse/Neg	glect				
				ployee of the facility who suspects the abuse/negle alleged perpetrator is the facility Director.	ct of a resident w	vithin that
#	Requirement	Source	Findings (Delete the three that don't apply)	Comments	Date Corrections Completed (Or note)	Score
70	Review p/p.	Policies, Procedures or Documents	Substantially Met (1) Partially Met (0.5) Not Met (0.25) Not Applicable (0)			
71	View posting of KPRC number in the facility.	Tour	Substantially Met (1) Partially Met (0.5) Not Met (0.25)			

	Not Applicable (0)			
		Score fo	or this section:	

# Section 16: Significant Incidents

A Significant Incident is an unanticipated event which does not rise to the level of a critical incident but has the potential risk of a serious adverse outcome.

# **Section 16.1: Significant Incident Reporting**

Significant incidents are to be reported to the youth's CWCMP case manager and the youth's parent or guardian when appropriate per PPM 0513.

The following significant incidents shall be verbally reported immediately with a written report to the CWCMP case manager within 24 hours of the event (please refer to the following definitions for clarification):

Significant Incident involving a child in the custody of the Secretary include but are not limited to:

- 1. death of a parent/primary caregiver (provide date of death)
- 2. runaway or missing from placement. PPM 5245 shall be followed.
- 3. arrested for a juvenile offense
- 4. alleged abuse or neglect
- 5. child is an alleged perpetrator or victim of a criminal assault of any kind
- 6. attempted suicide
- 7. serious physical illness
- 8. unanticipated medical attention that requires treatment beyond first aid
- 9. pregnancy. See PPM 0513 D. 2.
- 10. birth. See PPM 0513 D. 2.
- 11. emergency change in placement
- 12. use of illegal drugs
- 13. suspension of the license of a group or residential facility used by children
- 14. alleged victim of human trafficking
- 15. alleged perpetrator of animal abuse
- 16. other (document specifics)
- 17. death of child in care

If the significant incident involves abuse, neglect, or exploitation the facility shall also follow mandated reporting requirements.

All facilities shall have procedures for reporting significant incidents to administrative staff and recording significant incidents in the resident files. An administrative file of significant incidents shall be kept by facility and a copy of the significant incident shall be placed in the youth's file.

An administrative file shall be kept by the facility documenting significant incidents that is separate from the documentation in the youth's file.

Each RMC provider shall develop an internal process for obtaining on-call/emergency contact information for all CWCMP case managers in the event of an emergency or significant incident.

#	Requirement	Source	Findings (Delete the three that don't apply)	Comments	Date Corrections Completed (Or note)	Score
72	Review p/p.	Policies, Procedures or Documents	Substantially Met (1) Partially Met (0.5) Not Met (0.25) Not Applicable (0)			
73	Review reports of significant incidents.	Case Records	Substantially Met (1) Partially Met (0.5) Not Met (0.25) Not Applicable (0)			
74	Check significant incidents log.	Case Records	Substantially Met (1) Partially Met (0.5) Not Met (0.25) Not Applicable (0)			
75	Review sample from log for compliance w/ reporting within proper time frame.	Case Records	Substantially Met (1) Partially Met (0.5) Not Met (0.25) Not Applicable (0)			
	•	•		Score fo	r this section:	

# Section 17: Final Scoring

A cumulation of all the above sections are scored here for a total score based on the assessments completed.

**Scoring:** Substantially Met = 1

Partially Met = 0.5 Not Met = 0.25 Not Applicable = 0

Total possible score on this site visit tool is 75. If the score is 65 or less, the result is an automatic Corrective Action Plan (CAP). Items which do not score substantially met, will require comments which will be used for developing a CAP. Facilities will have 14 days to address the missing items and submit corrections or a plan to make necessary corrections (for example trainings, this can take time to find and schedule). Track CAP corrections on this form and document the date corrections are received.

Section		Section Score
Section 1.1: Services Provided in a Residential Maternity Home		
Section 2: Description of Youth to be Served		
Section 3: General Staffing Requirements		
Section 4: Case Coordination		
Section 5: Staff In-Serving Training		
Section 5.2: Annual In-Service Training		
Section 6: Confirmation of Placement		
Section 7: Assessments		
Section 7.2 Initial Assessment		
Section 8: Room Assignment		
Section 9: Services		
Section 10: Behavior Management		
Section 10.1 Resetting		
Section 10.2 De-escalation Certification		
Section 10.3: Emergency Safety Interventions Certification		
Section 11: Program Plan		
Section 12: Visitation		
Section 13: Discharge/Aftercare		
Section 14: Record Keeping		
Section 15: Reporting Abuse/Neglect		
Section 16: Significant Incidents		
	Total Score	

If the score is 65 or less, the result is an automatic Corrective Action Plan (CAP). Use the comments captured above to develop a CAP on the following pages. The facility will have 14 days to address the missing items and submit corrections or a plan to make necessary corrections, as applicable. Some corrective items may take longer, such as training compliance.

# Residential Maternity Care Corrective Action Plan

Date of Site Visit	Final Score on Site Visit Tool	DCF Surveyor:
Facility Name		
Address, City, Co	unty, Zip Code	
Agency/Facility Representative		Agency/Facility Phone Number and Email
Presented Finding Please use the comments	listed on the site scoring tool to outline the pres	enting corrections and steps needing to be taken to ensure compliance with all nts are met. If more sections are needed, please add accordingly.
Finding:	so, r racemont etanidarde dira r revide rigidemor	no are mon in more decirons are modesa, produce dad decorarrigiy.
Action Plan to Co	rrect Finding:	
Person Responsik	ole for Completion:	
Target Date for Co	ompletion:	
Finding:		
Action Plan to Co		
	ole for Completion:	
Target Date for Co	ompletion:	
Finding:		
Action Plan to Co	rrect Finding:	
	ole for Completion:	
Target Date for Co		
	•	
<u>Signatures</u>		
information or modify the p		ate and complete. I understand I may be required to provide additional er understand this information may be provided to DCF Licensing, if necessary
Agency/Facility Rep	presentative	Date
DCF Surveyor		Date

