

### PROGRAM

### AVAILABILITY

PARENT SKILL-BUILDING

#### Parents as Teachers (PAT)

Improving child health and development, increase school readiness, and increase parent involvement in children's care and education.

Serving: Families with children prenatal – 3 years old

Provided by: Kansas Parents as Teachers Association



Statewide

#### Attachment and Biobehavioral Catch-up (ABC)

Targets problematic behaviors among children that push caregivers away. It is an in-home intervention intended to strengthen parent-child attachment.

Serving: Infants 6-24 months or toddlers 24-48 months

Provided by: University of Kansas Medical Center  
Research Institute, Inc. – Project Eagle



*Northwest*; Cheyenne,  
Decatur, Ellis, Gove, Graham,  
Logan, Norton, Osbourne,  
Phillips, Rawlins, Rooks,  
Russell, Sheridan, Sherman,  
Smith, Thomas, Trego,  
Wallace

#### Family Mentoring

A Family Mentor educates parents about healthy child development, supports the family during stressful times or turmoil, assists in budget planning, and helps family access local and financial assistance programs.

Serving: Any family with a child 0-17 that resides in the home

Provided by: Child Advocacy and Parenting Services



*Northwest*; Ottawa,  
Saline

MENTAL HEALTH

#### Parent-Child Interaction Therapy (PCIT)

Encourage relationships between parents and children. Help children feel secure and increase their self-esteem. Develop parent's confidence and build discipline techniques.

Serving: Children 2-7 years old and  
their parents and caregivers

Provided by: Horizons Mental Health Center  
and TFI Family Services



Horizons: *Southwest*; Reno

TFI: *Northwest*; Geary,  
Riley  
*Southwest*; Finney, Lyon

**PROGRAM**

**AVAILABILITY**

MENTAL HEALTH

**Family Centered Treatment (FCT)**

Enable family stability, bring a reduction in hurtful and harmful behaviors affecting family functioning, develop an emotional functioning balance in family so they can cope effectively with challenges.

Serving: Children 0-17 and their families  
Provided by: Saint Francis Ministries



All counties in Northwest and Southwest Regions

**Multisystemic Therapy (MST)**

Decrease negative youth behaviors and out-of-home placements, empower parent to address difficulties in raising children and adolescents.

Serving: Youth 12-17 and their families  
Provided by: Community Solutions, Inc.



*Northwest;* Ellsworth, Saline  
*Southwest;* Barton, Harvey, McPherson, Reno

KINSHIP NAVIGATION

**Kinship Navigator (KIN-Tech)**

Eliminating legal barriers around permanency for kinship families.

Serving: Kinship families experiencing hardships with children 0-17  
Provided by: Kansas Legal Services



Statewide

SUBSTANCE USE DISORDER

**Seeking Safety (SS)**

Reduce trauma and/or substance use disorder symptoms, increase safe coping in relationships, increase safe coping in thinking, increase safe coping in behavior, increase safe coping in emotions, increase safety in the home.

Serving: Parents/caregivers with children of all ages and pregnant and parenting teens  
Provided by: Saint Francis Ministries



*Northwest;* Cloud, Ottawa, Saline, Sherman, Thomas  
*Southwest;* Barton, Finney, Ford

Nearest DCF Service Center:

\_\_\_\_\_

Worker Information:

Name \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Contact your local DCF Service Center or visit [www.dcf.ks.gov](http://www.dcf.ks.gov) for more information about:

Economic and Employment Services (EES) providing assistance with cash, food, energy, child care, and employment support.

Rehabilitation Services connects Kansans with disabilities to employment and educational resources, or Centers for Independent Living in the state.

For Child Support Services, call 1-888-757-2445.