

Your Guide to Kansas Food Resources

Resource	What Is Available?	Who Is Served?	Household Income Limit (FPL = Federal Poverty Level)	Other Requirements	Where Available	Where to Apply
Food for Home Use						
Commodity Supplemental Food Program (CSFP)	Food for home use	Pregnant, post-partum, or breast-feeding women; children birth to age 6; or persons 60+	Income up to 185% of FPL for women, infants and children, or up to 130% of FPL for people 60+	May not receive WIC benefits when receiving CSFP benefits	30 counties surrounding Kansas City, Wichita, and Topeka. Distribution every month.	(913) 281-3388 Kansas City (316) 267-0511 Wichita (877-774-5413 Topeka
Food Assistance Program (Also known as Food Stamps)	Food for home use, or to buy plants and seeds to grow food	Low income people of any age	Gross income of up to 130% of FPL, and <i>net</i> income (after deductions) of up to 100% of FPL	Resources limited to: \$2,000 (excluding home and car), or \$3,000 if one person is elderly or disabled	Statewide	SRS Service Center or call toll free 1-888-369-4777 or visit www.srs.ks.gov
Senior Farmers' Market Nutrition Program	\$30 of locally grown fruits, vegetables and herbs at farmers' markets or roadside farm stands	Low income people 60+ who also participate in CSFP, TEFAP or ENP-CM	Income up to 130% of FPL for CSFP and TEFAP participants; up to 100% of FPL for ENP-CM participants	None	Anderson, Atchison, Bourbon, Cowley, Dickinson, Douglas, Finney, Franklin, Harvey, Jefferson, Johnson, Leavenworth, Lyon, McPherson, Osage, Reno, Republic, Riley, Saline, Sedgwick, Shawnee, and Wyandotte counties	No application required - see "Who is Served" column. Web site: http://www.kdheks.gov/sf_mnp/index.htm
The Emergency Food Assistance Program (TEFAP)	Food for home use	Low income people of any age	Income up to 130% of FPL	Live in same county where food is provided	Statewide	A list of local agencies at: http://www.srs.ks.gov/agency/ees/Pages/Food_Distribution_Programs/TEFAP.aspx
Women, Infants and Children (WIC)	Nutrition education, breast-feeding support, and food for home use	Pregnant, post-partum, or breast-feeding women and children birth to 5	Income up to 185% of FPL	May not receive CSFP benefits when receiving WIC benefits	Statewide	Call your county health department for an appointment
Prepared Meals for Groups and Home Delivery						
Child Nutrition Program	Reduced price or free breakfasts, lunches, snacks and milk served to children in school and child care	Children in school or child care	Income up to 130% of FPL receive <i>free</i> meals; between 131% and 185% of FPL receive <i>reduced price</i> meals	None	Participating schools and child care providers	Schools and child care providers

Elderly Nutrition Programs: Congregate (ENP-CM) and Home Delivered Meals	Meals, nutrition education and nutrition counseling	People 60+ and their spouses	None	Delivered meals are for people who are homebound, have no support system, <i>and</i> unable to prepare meals, <i>or</i> are isolated	Local meal sites are located in all counties except Brown, Greeley, Stanton, Stevens, and Wallace	Local nutrition and/or meal sites or the Area Agency on Aging or call 1-800-432-3535
Soup Kitchen Program	Meals, mostly lunches	Anyone needing a meal	None	None	Local soup kitchens and homeless shelters	No application required