

Mentoring Activities for Youth Aging Out of Foster Care

KANSAS DEPARTMENT FOR CHILDREN AND FAMILIES, INDEPENDENT LIVING PROGRAM

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- Take them to visit a college campus or technical school
- Help with housekeeping
- Cook a meal with them, invite them to dinner
- Plant a garden together, grow a garden and sell at a local farmer's market
- Shopping for groceries, clothes,
- Invite them for holidays
- Offer a place to do laundry
- Job seeking assistance/Offer employment
- Spiritual support (take them to church, youth group)
- Teach them to play an instrument, give them a musical instrument
- Bills and money management advice
- Take them to the library to use a computer/internet
- Donate items such as household furnishing, a computer, or even a car
- Transport to medical appointment, job interviews, school functions, social events
- Give them a gift certificate for food or clothing
- Provide tutoring or help with school work
- Open a scholarship fund in your community
- Donate school supplies
- Send them a "care package" of goodies
- Help with moving
- Offer babysitting/childcare support
- Donate luggage
- Help with legal services
- Help them write a resume
- Take them fishing or hiking



Strong Families Make a Strong Kansas