

# FAMILY FIRST PREVENTION SERVICES ACT

DEPUTY SECRETARY TANYA KEYS

FOSTER CARE OVERSIGHT COMMITTEE - AUGUST 25, 2020





# THE FAMILY FIRST PREVENTION SERVICES ACT

- The family first prevention services act (FFPSA), signed into law in 2018, provided new federal funding for prevention activities in child welfare
- FFPSA programs are designed to prevent the need for foster care and funding is available only for children at imminent risk of placement in foster care
- The act provides federal matching dollars for evidence-based services in the areas of:
  - Substance use disorder
  - Parent skill building
  - Mental health
  - Kinship navigation



# THE FAMILY FIRST PREVENTION SERVICES ACT

- In October of 2019 DCF awarded 17 agencies across the state with \$12.95 million in Family First prevention grants for FY 20
- Of the 17 grantees, 9 have well supported evidence base to receive federal match and 1 is pending federal review for evidence rating
- Grant term awarded was October 1, 2019 through June 30, 2020 with an option for up to four one-year renewals
- DCF also awarded a FFPSA grant evaluation to the University of Kansas Center for Research, Inc to work with DCF prevention grantees to evaluate program data and outcomes



# THE FAMILY FIRST PREVENTION SERVICES ACT

- In May 2020, Kansas received \$4.8M through the federal ACF Family First Transition Act Grant allotment
- The transition grant funds are one time funding available for 5 years for states to use to cover implementation costs or any costs related to title IV-B prevention
- DCF may use these funds to cover costs not yet matched by federal funds due to pending evidence based rating ( e.g. ABC program)
- DCF plans to use the funds to cover Year 1 of the new Kansas Family Crisis Response and Support service, family meeting model development, and investment of DAISEY quality measures for family health programming




# THE FAMILY FIRST PREVENTION SERVICES ACT

- The 2020 legislature approved an additional \$7.51 million AF to expand FFPSA programs for FY 2021 but this enhancement was removed from the budget as part of the Governor's allotment process
- FFPSA budget to remain at FY 20 funding levels in FY 21
- Some variation in grant amount for providers between FY 20 and FY 21 due to lack of startup costs in FY 21




# SUBSTANCE USE DISORDER GRANTEES

# DCCCA

 **FY 21 GRANT AMOUNT**  
\$88,252

 **AREA SERVED**  
Crawford County


 **EVIDENCE BASED PRACTICE**  
Adolescent Community  
Reinforcement Approach

 **SERVICE**  
Outpatient treatment intervention for youth with  
substance use and co-occurring mental health  
disorders and their families





**DCCCA**  
**IMPROVING LIVES**

# KANSAS CHILDREN'S SERVICE LEAGUE

 **FY 21 GRANT AMOUNT**  
\$269,885

 **AREA SERVED**  
Shawnee County

 **EVIDENCE BASED PRACTICE**  
Parent-Child Assistance Program (P-CAP)


 **SERVICE**  
Assists families in obtaining alcohol and drug treatment and staying in recovery



**Kansas Children's  
Service League**




# SAINT FRANCIS MINISTRIES

 **FY 21 GRANT AMOUNT**  
\$729,267

 **AREA SERVED**  
FL, SW, TH, SA, BT, SG

 **EVIDENCE BASED PRACTICE**  
Seeking Safety

 **SERVICE**  
Provides services and counseling to families with one or more individuals who are using substances, resulting in children at risk for removal





**Saint Francis**  
**MINISTRIES**




# PARENT SKILL BUILDING GRANTEES

# PROJECT EAGLE – THE UNIVERSITY OF KANSAS MEDICAL CENTER RESEARCH INSTITUTE, INC.

 **FY 21 GRANT AMOUNT**  
\$703,648

 **AREA SERVED**  
WY, SG, LV, CN, RA, SH, TH,  
WA, LG, DC, NT, SD, GH, GO,  
TR, PL, SM, RO, OB, EL, RS


 **EVIDENCE BASED PRACTICE**  
Attachment and  
Biobehavioral Catch-Up

 **SERVICE**  
Helps caregivers strengthen parent-child  
attachment and increase self-regulation in infants  
and toddlers through parent coaching sessions

**KU**  
PROJECT  
EAGLE


**The University of Kansas**

# GREAT CIRCLE

 **FY 21 GRANT AMOUNT**  
\$1,352,335


 **AREA SERVED**  
Douglas County and  
Atchison County

 **EVIDENCE BASED PRACTICE**  
Healthy Families America

 **SERVICE**  
Intensive home visiting family support program that provides a variety of services including child development supports, access to health care, and parent education



# KANSAS CHILDREN'S SERVICE LEAGUE

 **FY 21 GRANT AMOUNT**  
\$596,296

 **AREA SERVED**  
SG, AL, NO, WL


 **EVIDENCE BASED PRACTICE**  
Healthy Families America

 **SERVICE**  
Intensive home visiting family support program that provides a variety of services including child development supports, access to health care, and parent education




**Kansas Children's  
Service League**

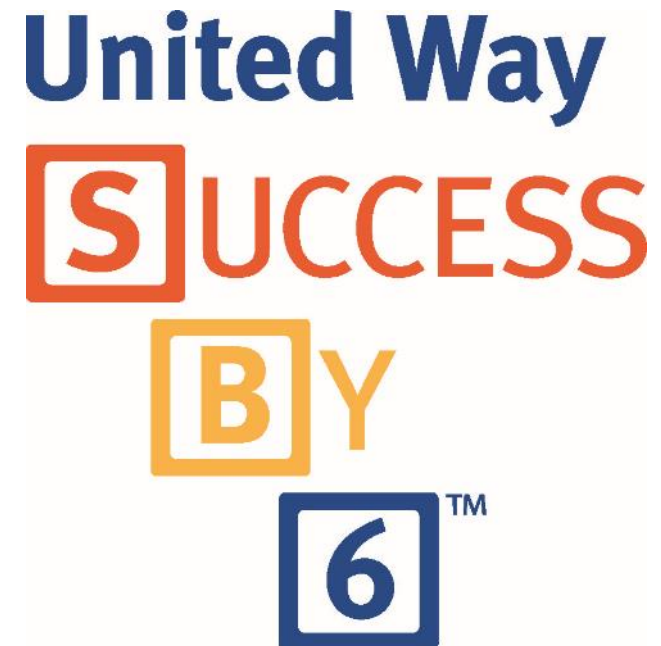
# SUCCESS BY 6 COALITION OF DOUGLAS COUNTY

 **FY 21 GRANT AMOUNT**  
\$84,465


 **AREA SERVED**  
Douglas County

 **EVIDENCE BASED PRACTICE**  
Healthy Families America

 **SERVICE**  
Intensive home visiting family support program that provides a variety of services including child development supports, access to health care, and parent education




# FOSTER ADOPT CONNECT, INC.

 **FY 21 GRANT AMOUNT**  
\$181,435


 **AREA SERVED**  
Johnson County and  
Wyandotte County

 **EVIDENCE BASED PRACTICE**  
Fostering Prevention

 **SERVICE**  
Home visiting service that provides weekly visitation,  
in-home parenting curriculum, group parenting, resource  
referrals, and concrete services to at-risk families



# CHILD ADVOCACY AND PARENTING SERVICES

 **FY 21 GRANT AMOUNT**  
\$291,842

 **AREA SERVED**  
Saline County and  
Ottawa County


 **EVIDENCE BASED PRACTICE**  
Family Mentoring Program

 **SERVICE**  
Family mentor will educate parents about healthy child development, advocate for and support the family during mental health or academic wrap arounds, budget plan, access local assistance programs, and assist during stressful times






# KANSAS PARENTS AS TEACHERS ASSOCIATION

 **FY 21 GRANT AMOUNT**  
\$999,473

 **AREA SERVED**  
Statewide

 **EVIDENCE BASED PRACTICE**  
Bright Futures (Parents as Teachers)

 **SERVICE**  
Intensive home visiting program in which parent educator builds relationships with a family and offers information and activities to enhance the child's intellectual, social-emotional, motor and language development, providing parents with the skills and knowledge needed to appropriately care for their child




# MENTAL HEALTH GRANTEES




# COMMUNITY SOLUTIONS INC.

 **FY 21 GRANT AMOUNT**  
\$1,718,362


 **AREA SERVED**  
AL, CR, LB, MG, NO, SN,  
AT, LV, WY, BT, EW, HV,  
RN, MP, SA, BU, CL, SG

 **EVIDENCE BASED PRACTICE**  
Multisystemic Therapy

 **SERVICE**  
Intensive therapeutic service aimed at promoting pro-social behavior and reducing criminal activity, mental health symptomology, out-of-home placements, and illicit substance use in 12 to 17 year-old youth




# CORNERSTONES OF CARE

 **FY 21 GRANT AMOUNT**  
\$875,016


 **AREA SERVED**  
AT, LV, WY, DG, JO

 **EVIDENCE BASED PRACTICE**  
Functional Family Therapy

 **SERVICE**  
Intensive, short-term intervention for youth that display behavioral or substance abuse issues aimed at increasing pro-social behaviors and achieving positive outcomes through counseling and engagement with the family




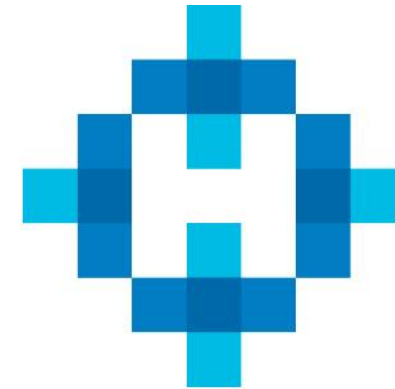
# HORIZONS MENTAL HEALTH CENTER

 **FY 21 GRANT AMOUNT**  
\$119,648

 **AREA SERVED**  
BA, KM, PR, HP

 **EVIDENCE BASED PRACTICE**  
Parent Child Interaction  
Therapy

 **SERVICE**  
Families and youth work with a therapist to decrease  
child behavior problems and improve parent-child  
attachment through the use of social reinforcers



**HORIZONS**  
MENTAL HEALTH CENTER

# SAINT FRANCIS MINISTRIES

 **FY 21 GRANT AMOUNT**  
\$2,871,371


 **AREA SERVED**  
Northwest, Southwest, and  
Wichita DCF regions


 **EVIDENCE BASED PRACTICE**  
Family Centered Treatment


 **SERVICE**  
Intensive in-home treatment services for youth and families using psychotherapy designed to reduce maltreatment, improve caretaking and coping skills, enhance family resiliency, develop healthy and nurturing relationships, and increase children's well-being through family value




# TFI FAMILY SERVICES

 **FY 21 GRANT AMOUNT**  
\$1,590,955

 **AREA SERVED**  
AL, AN, BB, CQ, CK, CF, CR, FR,  
LB, LN, MI, MG, NO, OS, SN,  
WL, WO, FI, RL, BU, EK, GW

 **EVIDENCE BASED PRACTICE**  
Growing Nurturing Families  
(Parent Child Interaction Therapy)

 **SERVICE**  
Families and youth work with a therapist to decrease  
child behavior problems and improve parent-child  
attachment through the use of social reinforcers






# KINSHIP NAVIGATION GRANTEES




# KANSAS LEGAL SERVICES

 **FY 21 GRANT AMOUNT**  
\$265,147

 **AREA SERVED**  
Statewide

 **EVIDENCE BASED PRACTICE**  
Kinship Interdisciplinary Navigation  
Technology (KIN-TECH)

 **SERVICE**  
Legal advice, representation and mediation of  
services for guardianship, adoptions, family law  
issues, and assistance with other legal issues





# RESULTS THUS FAR

# FY 2020 FAMILY FIRST REFERRALS

Program	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Total	Program as %
Substance Use Disorder	0	0	1	0	3	8	7	2	4	25	4.9%
Kinship Navigation	0	4	5	7	13	14	10	16	7	76	14.8%
Parent Skill Building	0	3	9	9	23	31	35	24	29	163	31.8%
Mental Health	0	3	10	22	33	48	40	48	45	249	48.5%
<b>Total</b>	<b>0</b>	<b>10</b>	<b>25</b>	<b>38</b>	<b>72</b>	<b>101</b>	<b>92</b>	<b>90</b>	<b>85</b>	<b>513</b>	<b>100.0%</b>

# FY20 FAMILY FIRST OUTCOMES

Total # Not Removed	Total # with a Removal	Total # of Families referred to Family First Services	% Maintained at Home
476	31	507	93.9%

Program	# Not Removed from Home	# Removed from Home	Total	% Maintained at Home by Family First Service type
Parent Skill Building	155	8	163	95.1%
Kinship Navigation	72	4	76	94.7%
Mental Health	234	15	249	94.0%
Substance Use Disorder	21	4	25	84.0%
Total	482	31	513	94.0%



# RESULTS THUS FAR

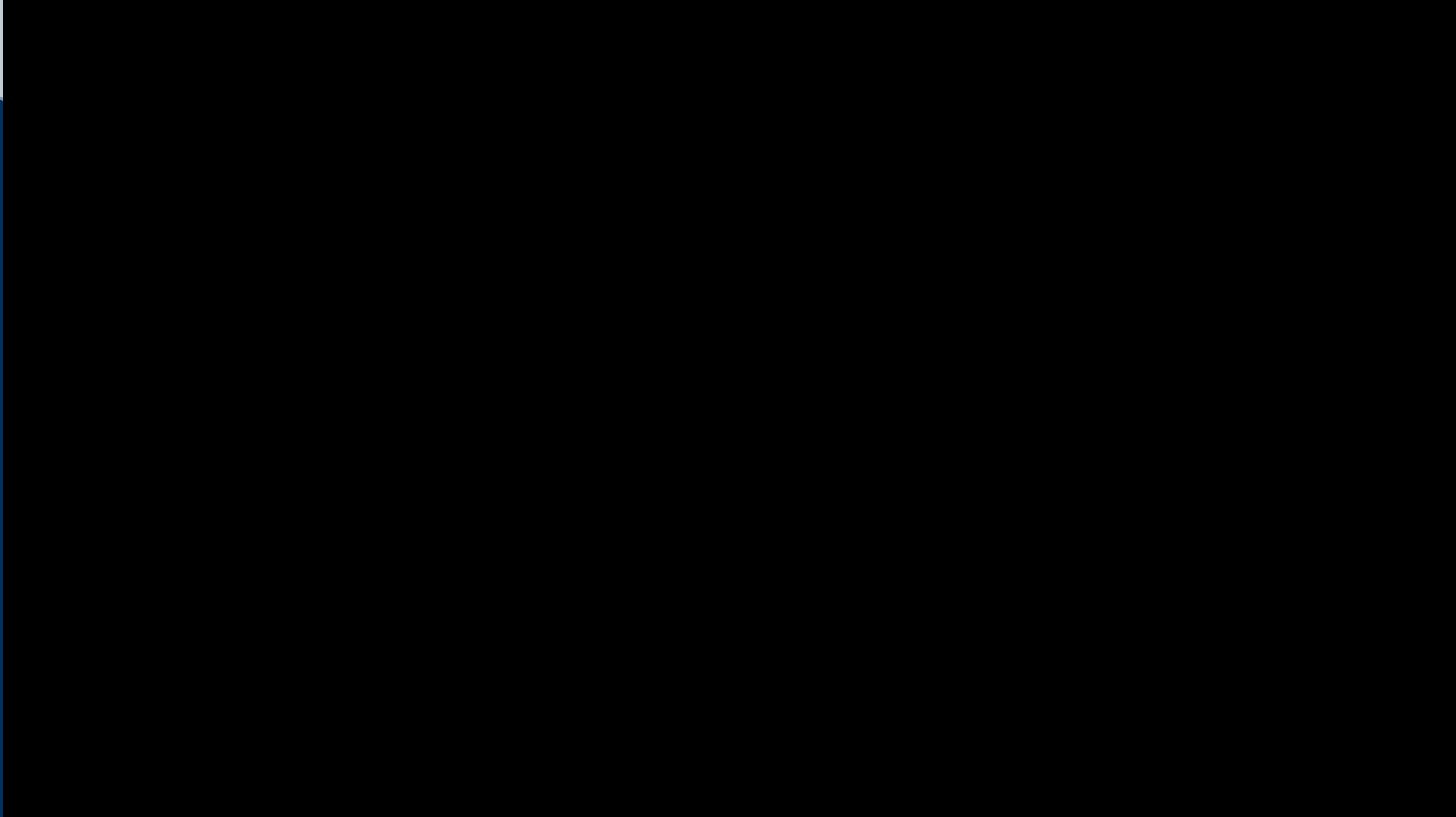
- KU Research Inc. is completing a rigorous evaluation that is both process and outcome based
- KU will collect and compare data over time and at different points in a case
- Family First outcomes will be compared to families with no services and those with different types of services to see if Family First fared better, worse, or differently
- Grantee implementation will also be evaluated



# RESULTS THUS FAR

- KU Research Inc. received data files for FY 20 earlier this month and may be able to start regular reports in the near future
- Launch of family survey data collection scheduled to begin in 2020
- More in depth evaluation on outcomes and community impact will be available in the coming months

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Becky Peters

Kansas Parents as Teachers  
Association (KPATA)

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**QUALIFIED  
RESIDENTIAL  
TREATMENT  
PROGRAMS  
(QRTP)**



# QUALIFIED RESIDENTIAL TREATMENT PROGRAMS

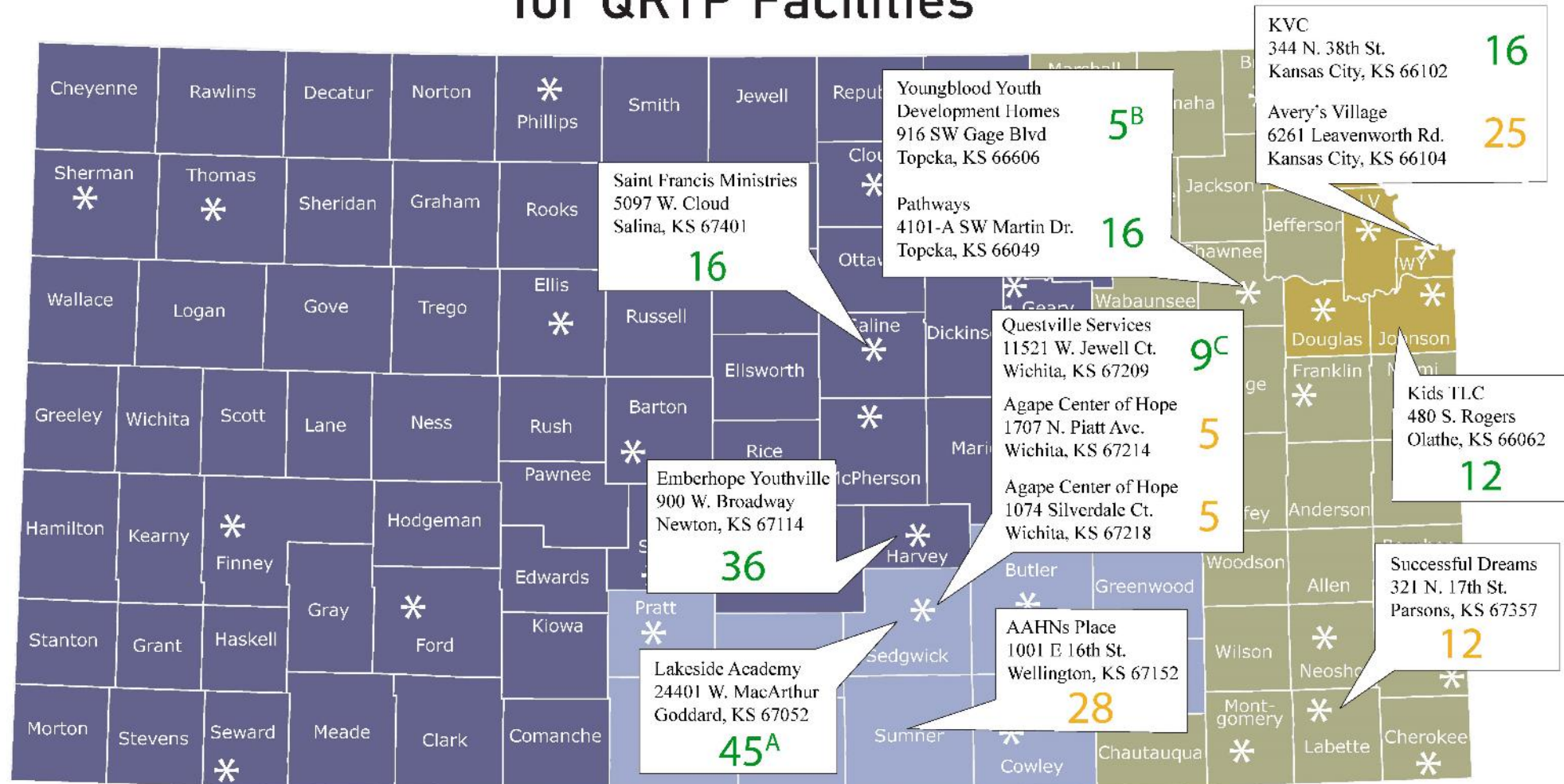
- In addition to funding for evidence-based prevention services, the FFPSA also created additional requirements for any placement of foster youth in congregate care facilities
- When a child can't reside with a relative or a family foster placement due to behavioral disorders or disturbances, their group or congregate care placement experiences should meet the quality attributes of a Qualified Residential Treatment Program (QRTP)

# QUALIFIED RESIDENTIAL TREATMENT PROGRAMS

- Every QRTP must:
  - Employ a trauma-informed treatment model
  - 24 hour access to a licensed nursing staff
  - Involve the family in the child's treatment program
  - Provide discharge planning and family-based aftercare support
- While QRTPs do not provide prevention services themselves, states must implement QRTP standards for congregate care placements for youth in state custody to draw down the prevention match funds
- DCF licenses QRTP facilities. Case Management provider request independent reviewer for assessment within 30 days and a judge reviews recommendation within 60 days



# Kansas Bed Numbers for QRTP Facilities



\* DCF Service Center

- Available QRTP beds
- Pre-QRTP status/pending beds
- Facility for males ages 12-18
- Has exception for 4 over capacity
- Beds reserved for females



# QUESTIONS?